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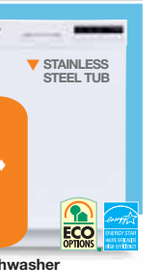

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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 26 SHOPPERS DRUG MART

Glitter bombshell

Britain's biggest fashion talents get a gold medal for style at the Olympic closing bash PAGE 27

OTTAWA metro®

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SCRAMBLE TO SAFETY

Two brick masons from Cinanni Construction had a close call Wednesday at about 9:25 a.m., after the swing stage they were working on at 35 Woodridge Cres., across from Bayshore Mall, malfunctioned nine storeys up. Both workers (among the men pictured in the inset photo) were able to scramble to safety through a window. Company owner Angelo Cinanni said the safety features of the swing stage worked, and neither man was injured. Work continued after the equipment was repaired. The Ministry of Labour declined to investigate. MIKE CARROCCETTO/FOR METRO

One in 10 teens think of suicide: Study

Mental health. City bumps up programs as study reveals suicide is on teens' minds

GRAHAM LANKTREE
graham.lanktree@metronews.ca

One in 10 Ottawa teens has had suicidal thoughts in the past year, says Ottawa Public Health, which has bumped up efforts to fill gaps in its programming.

"We were certainly concerned that one in 10 youth have had suicidal ideation," said Benjamin Leikin, a mental-health project officer with Ottawa Public Health. "One suicide is a tragedy. So that was a concern for us."

The numbers were randomly sampled from 1,000 local youth who responded anonymously to the 2011 Ontario Student Drug Use and Health Survey. In the coming year, the city is making special efforts to reach out to grade seven and eight students, he said.

"It gives us a real snapshot of what Grade 7 to 12 students are really feeling," Leikin said. "The mental-health data takes a turn downward in those high school years, so early preparation is key."

The city is doubling the amount of schools on board with public nurses delivering a special five-session program that teaches youth about mental health, coping skills and building resiliency. The program was in 12 Ottawa schools last year and the city is working to launch it in 20 or more for the coming school year.

A new series of short online videos set for release this fall, in partnership with Ottawa's Youth Services Bureau, will also alert parents to signs of mental-health issues to look for in children and how to build communication in the home.

"We're exploring other options to help parents, too," said Leikin, including an early-screening program in local daycare centres for kids aged 18 months to four years old.

"Across the province we've been an example to other cities," Leikin said. "We're working hard on this. It isn't just something we're doing once and then forgetting about."

Looking for Leblanc leads

Police extend $10K reward to help find girl's killer PAGE 4

Stuck in his stomach

Fork was lodged in man's belly for a decade PAGE 12

Ride a donkey, access Wi-Fi

Search the net on a donkey at an Israeli biblical park PAGE 20

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Fainting spell

Collapse wasn't due to stroke, councillor says

Coun. Marianne Wilkinson
METRO FILE

Kanata North councillor Marianne Wilkinson was released from hospital yesterday afternoon after collapsing at a conference earlier in the day.

Wilkinson said she suffered a fainting spell — not a stroke, as suggested by several media reports — during a session at the Association of Municipalities of Ontario conference.

"The heart's fine," she said. "I got a strong one."

Wilkinson was delivering a speech about cycling at the conference, which was held at the Westin Hotel downtown, when she began slurring her speech and leaned on the podium.

"All of a sudden, just like whammo, they tell me I went white as a sheet," said Wilkinson.

Wilkinson was taken to the Ottawa Hospital General Campus, where doctors performed a series of tests but failed to find a reason for the fainting spell. "They don't know exactly what caused it. (But) they see it all the time," Wilkinson said.

"I'm going to take it easy for three days," she said, adding that she might attend an upcoming city transit commission meeting on Friday.

JESSICA SMITH/METRO

Lock up. Suspects in rash of home break-ins entered through unlocked doors

Ottawa police say they've seen 15 brazen break-ins in the past week where a suspect entered a home through an unlocked back patio door and stole things — while the families were home.

Seven break-ins happened in north Kanata and eight in Stonebridge, said Staff Sgt. Richard Baldwin-Ooms. Only items that were in view and easy to take were stolen.

"It's unusual for offenders to commit residential break-ins when the homeowners are present," he said.

Would-be thieves attempted to break into other homes, but because the doors were locked, they were unsuccessful, police said in a news release.

Officers are warning residents to keep their windows and doors locked, even while at home, and keep valuables out of view from outside.

Anyone with information about these crimes should west district break and enter officers at 613-236-1222 ext 2655 or Crime Stoppers at 613-233-8477 (TIPS) or toll free at 1-800-222-8477.

JESSICA SMITH/METRO

Escapade. Bail hearing postponed for accused in music-festival theft

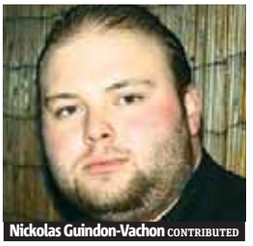
The bail hearing for Nickolas Guindon-Vachon, who is accused in the Escapade Music Festival theft, has been postponed to next week.

The 27-year-old festival co-founder is accused of stealing $600,000 in proceeds from the two-day event held on Canada Day weekend. He was extradited from Aruba to formally face charges of theft over $5,000 and possession of stolen property over $5,000.

Crown prosecutor Mike Boyce said he was prepared for the hearing to proceed Wednesday, but defence lawyer Joshua Clarke requested more time to provide full disclosure.

Guindon-Vachon will appear by video Aug. 29.

JOE LOFARO/METRO



Nickolas Guindon-Vachon CONTRIBUTED

Layton's life remembered by friends and well-wishers

One-year anniversary. Former NDP leader continues to inspire with his positive approach to politics

GRAHAM LANKTREE
graham.lanktree@metronews.ca

Jack Layton lived true to his motto of love, hope and optimism, and Canadians gathered to remember that life on the one-year anniversary of his death.

"Anyone who has lost a friend knows how it feels," said Ottawa Centre NDP MP Paul Dewar at a memorial on Parliament Hill, his eyes brimming with tears. "It's raw because sometimes you want to talk to him and he's just not there."

Dewar, the NDP's foreign affairs critic, reminisced about late night conversations with Layton about foreign policy and praised his strength of character.

Quoted

"It's raw because sometimes you want to talk to him and he's just not there."

Ottawa Centre NDP MP Paul Dewar

"Jack didn't have time for put downs. He was positive at a time when attack ads became more prevalent," Dewar said. "People didn't see it as insincere. He believed it. This was our guy."

With Layton gone, Dewar acknowledged the NDP has work ahead — a sentiment echoed by other Layton supporters.

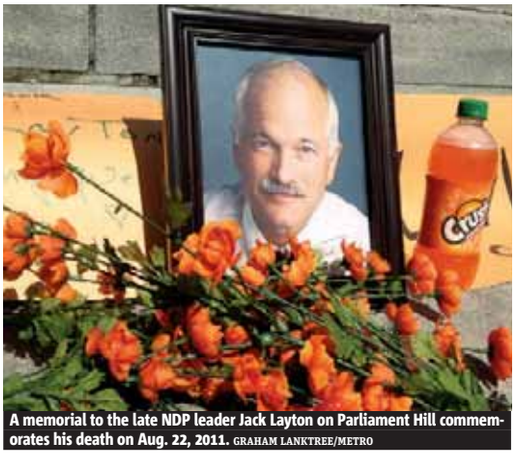
"We're hoping for great things from (Thomas) Mulcair," said Colin Ashford, who worked on the NDP's 2011 election campaign, of Layton's successor as NDP leader.

"We hope he can mitigate what this government is doing on the environment and to research stations in the high Arctic," he said. "We have a PM who is mean-spirited and is just trying to manage the economy — and not doing a good job of that.

"We still have kids going to school hungry in this country," he added, "and we've got to do something about it."

Ashford said that Canadians now have to continue Layton's work. "He stood for love, hope and optimism," he said, "and we need a lot more of that in politics in this country."

Follow Graham Lanktree on Twitter @MetroGraham



A memorial to the late NDP leader Jack Layton on Parliament Hill commemorates his death on Aug. 22, 2011. GRAHAM LANKTREE/METRO

SMEN 1

Mobile news

Chad Kroeger and Avril Lavigne aren't the only celeb couple who got engaged this year. Scan the code to see Hollywood's other headline-grabbing pairings.

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WHY WEIGHT?

Police remain optimistic they'll catch Leblanc killer

Hoping for leads.
Police extend $10,000 reward and release new mobile QR-code downloads of witness sketch

JESSICA BEDDAOUI
ottawa@metronews.ca

One year after the murder of college student Valérie Leblanc, Gatineau police are hoping a new appeal to the public will lead to more tips.

Leblanc's body was found beaten and burned near a trail in the woods behind the CEGEP de l'Outaouais in Hull on Aug. 23 of last year.

"The investigation into Valérie Leblanc's homicide was and remains a priority for our police services," spokesperson Jean-Paul Lemay of Gatineau police said Wednesday.

Lemay compared the Leblanc case to the murder of Ardeth Wood, an Ottawa woman who was killed in August 2003.

"Two and a half years after that horrible murder in Ottawa, police got information thanks to the composite sketch (that led) to the arrest of the murderer," Lemay said.

On Thursday, from 9 a.m. to 8:30 p.m., cops will set up a command station in the parking lot of the Gabriel Roy campus of the CEGEP de l'Outaouais, hoping more tips will come in.

"We would once again like to remind the public to not assume that we have a piece of given information. You must call us to share anything you see or hear," Lemay said. "A detail that may seem ordinary or unimportant to you may be very meaningful to us.... It can be the little link that ties together a bunch of loose ends."

Police are targeting students who were at the CEGEP on Aug. 23, 2011, between 7 a.m. and 5 p.m.

In October 2011, police released a composite sketch of a "key witness," but they have not been able to locate him.

"This person was seen on the scene of the crime. We must talk to him. For us, he's an important witness, and after meeting him, we'll see what happens," Lemay said.

Not giving up

- Gatineau police are hoping a new QR code that lets mobile-phone users download a composite sketch of a key witness will boost the number of leads in their investigation.
- Police released the sketch last October but, despite several tips, they have not been able to find the witness.
- The man being sought was described as French-speaking and weighing about 200 pounds. He also walked with a limp.
- Police also announced that a $10,000 reward for information that leads to the arrest and conviction of the person responsible for Leblanc's murder will be extended to April 2013.
- Anyone with information is asked to contact Gatineau police at 819 243 2346, ext. 6677.

Jean-Paul Lemay of the Gatineau police says the force is setting up a command station at the Gabriel Roy campus of the CEGEP de l'Outaouais on Thursday from 9 a.m. to 8:30 p.m. JESSICA BEDDAOUI/FOR METRO

Family of victim feeling shut out of investigation

Huguette Leblanc JESSICA BEDDAOUI/FOR METRO

The grandmother and father of Valérie Leblanc say they are frustrated by the lack of leads in the case and what they see as a lack of communication on the part of investigators.

"There's not enough answers. It's not enough," said Valérie Leblanc's grandmother Huguette Leblanc. "The media knows more than we do."

After the press conference yesterday, Leblanc said she hadn't been invited to the event.

"I was hoping to hear that they had a good lead or two," she said. "I'm glad that I came, even if I wasn't invited, because I could hear all the questions of all of you and get the answers that maybe they wouldn't have given to me but they gave to you."

Sylvain Leblanc, Valérie's father, said he shares his mother's frustration.

"I'm the last one they give news to or (I'm) not told anything. I don't know why? I'm her father," he said. "I think there's something wrong. It's taking too much time. I think it's already the end."

Huguette Leblanc said she understands police are working hard, but wishes there was better communication between the family and police.

But Gatineau police spokesperson Jean-Paul Lemay defended the way police are dealing with the family. "We communicate with the family," he said. "She might be upset because she is not the person that is the one we communicate with (most frequently), but we still communicate with her."

JESSICA BEDDAOUI/FOR METRO

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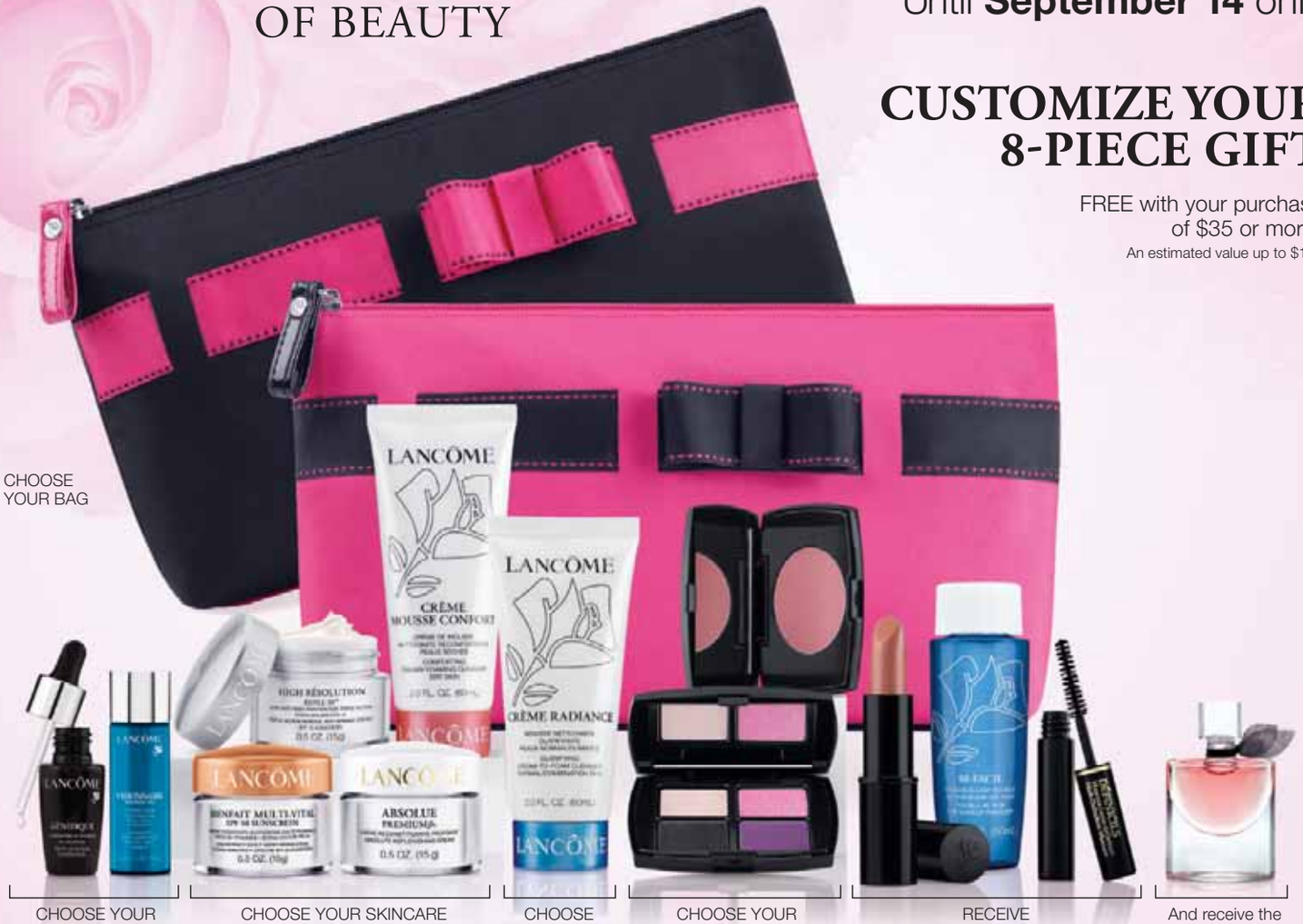

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City mulls what to do with $2.5M tax surplus

Excess. Some citizens want it to reverse the transit cutbacks, others opt for rainy-day fund

GRAHAM LANKTREE
graham.lanktree@metronews.ca

What to do with a $2.5-million surplus in city taxes may be up for debate at city hall Monday, but people on the street already know what they'd like to see done with the money.

"I would reduce fees for OC Transpo, expand routes and put more buses on the street," said Peter Flynn.

Teisha Williams echoed similar sentiments. "If you compare (Ottawa) to other cities like Toronto, they have more buses that run more frequently for roughly the same price."

The city realized they were in the black in a finance and economic development committee report released August 20. The surplus represents 0.1 per cent of the $1.9 billion budget for tax-supported programs.

"The mayor is pleased to see that halfway through the year there is a projection of a small surplus," said Ryan Kennery, press secretary for mayor Jim Watson. "City staff are effectively managing the expenditure of funds respecting the 2012 budget."

Kennery pointed out that the last budget included the lowest tax-rate increase in five years at 2.39 per cent. He said that a decision of what to do with the projected savings will be made by city council at the end of the year.

Citizens also floated other ideas. "OC Transpo, I think, is a billion-dollar question," said Bobby Dang. "I'd like to see the city put this money in a rainy-day fund."

With the possibility $2.5 million in operating-budget surplus being tossed around at the city, some Metro readers say it should go straight to improving bus service. SEAN MCKIBBON/METRO

Where should the money go?

"A rainy-day fund, just in case we have a heavy snow this winter or if they're over budget in something else."
Bobby Dang

"Basically (they should) retract all the cuts they made last year."
Peter Flynn

"They are raising the price to ride every year and service is getting worse. That's one of my main concerns."
Teisha Williams

ALL PHOTOS GRAHAM LANKTREE/METRO

Video games can be art for all: Show curator

Jamie Woo plays Dance Central Two at the Mediastyle studio on Wednesday. JESSICA SMITH/METRO

A new art show exhibits video games in a new light — as art, for everyone.

The show, forallgamerssake, takes a deeper look at games and considers them as art, and not just entertainment, said curator Jamie Woo.

The show is part of Capital Pride Week and Woo highlights independent games by female and/or queer video game designers.

Woo said many games created by straight men are designed with the "traditional heterosexual male gaze," built-in, and can alienate gamers who don't see themselves represented on screen.

Quoted

"I get that it's a fantasy world, but sometimes it's disappointing to realize that I don't see anyone in those games that represents me whatsoever."
Jamie Woo, curator, forallgamerssake

For example, consider stereotypical tiny-wasted, huge-breasted female avatar in games like Tomb Raider, he said.

"I think it's important that young girls and women see a representation of themselves in games that isn't that kind of cartoonish hour-glass figure," he said.

Forallgamerssake will show a not-yet released game called Gravity Ghost by Erin Robinson. It's physics-based puzzle game about a female ghost, who doesn't have that cartoonish figure.

Woo is also showing games with openly gay designers that don't share the majority of games' heteronormative viewpoint.

"I get that it's a fantasy world, but sometimes it's disappointing to realize I don't see anyone in those games that represents me whatsoever," he said.

One mainstream game that he loves is Dance Central 2, because the dancing is gender neutral—as in the male characters shimmy their hips and shoulders just as much as the female dancers do.

"These are more feminine moves, but here's a guy whose going to dance anyhow," he said.

JESSICA SMITH/METRO

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Ottawa-made film eyed for NSI award

Ottawa's Nathan Estabrooks took a chance with his first foray into directing by shooting his short film UR X GIRLFRIEND in POV style, but the five-minute movie has won over the people at the National Screen Institute (NSI).

The Winnipeg-based not-for-profit training school for writers, directors and producers selected the 36-year-old's made-in-Ottawa film for the latest round of the NSI Online Short Film Festival.

Tip of the hat

"It's great to have a nod or tip of the hat from your peers."

Director Nathan Estabrooks on reaction to his short film UR X GIRLFRIEND

The film is up for the festival's A&E short filmmakers award. It was shot in a day in a bedroom of an apartment near Elgin Street in November and features an Ottawa cast.

Estabrooks used a small HD camera and a smartphone to tell the story of Jessica, who questions her emotions when her ex-girlfriend shows up for one last moment of affection.

Estabrooks has been writing for the last 10 years, so when he decided to make his directorial debut, he said people in the industry told him to stay away from POV.

"I'm very happy with it," he said. "It came out exactly the way I imagined it."

His film and 22 others are eligible for A&E's award of $1,250. UR X GIRLFRIEND was co-produced by Megan Forsythe and stars Christina Cuffari and Jennilee Murray.

JOE LOFARO/METRO

A scene from UR X GIRLFRIEND. CONTRIBUTED

It's all downhill from B.C., says charity biker

Pan-Canadian. Cyclist reflects on bike-friendly paths as he passes through capital

JOE LOFARO
joe.lofaro@metronews.ca

Armin Kluge has pedalled his way across thousands of kilometres of Canadian roads as he raises money for a rural Cambodian school, and he says Ontario's is by far the most difficult to navigate.

The 71-year-old is biking Canada in segments, beginning in 2010 from Kenora to Aurora and then in 2011 from Vancouver to Kenora. His latest trek is Aurora to Halifax, and on Wednesday he hit Ottawa.

To him, Vancouver is the easiest and safest city to bike.

"They have the best bike-trail system," said Kluge from the Sir John A. MacDonald Parkway. "They have so many roads that are designated for bikes, and they're well marked."

He called Ottawa River Pathway "very good," but the route he took to get there from Stittsville was "terrible."

"The closer I came, it was getting rough around the edges," he said.

By the time he reaches Halifax next month, he hopes to have raised close to $50,000 for the Angkor Thom Junior High School.

Cyclist-friendly

Best to worst:

- B.C.
- Alberta
- Saskatchewan
- Manitoba
- Ontario

Armin Kluge poses with his bike near the Champlain Bridge before heading back on the road. JOE LOFARO/METRO

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Harper's haven? Vast new national park mixes tranquillity and trade

A vast tract of mountainous Northwest Territories terrain was christened Wednesday as a new national park — with a twist.

Prime Minister Stephen Harper billed it as striking a balance between protecting the environment and growing Canada's economy.

The original Naats'ihch'oh reserve proposal was to protect 7,600 square kilometres from commercial activity.

But the final decision instead sets aside just over 4,300 square kilometres of lakes and rainbow-hued mountains about 90 minutes south of Norman Wells.

The remaining territory has potential for mineral development, which is why it was left out of the final plan.

"One of our objectives is to make sure we protect our environment and also allow for economic opportunity here," said Harper, who unveiled plans for the park as part of his annual late-summer sojourn through Canada's North. THE CANADIAN PRESS

Quoted

"It's a spectacular place for a new national park."

Prime Minister Stephen Harper
as he toured the Naats'ihch'oh reserve

Stephen Harper and wife Laureen tour the park. ADRIAN WYLD/THE CANADIAN PRESS

21 drivers charged

Rubberneckers on the 401 get a cellphone shock

Ontario Provincial Police charged 21 drivers Monday for rubbernecking on Highway 401.

Officers attending a collision involving two tractor-trailers in Napanee, Ont., noticed numerous drivers using their hand-held devices to take photos of the wreckage as they drove past.

The drivers caught were charged with distracted driving, which carries a $155 fine.

Another driver spotted using his elbows to steer his car was charged with careless driving, police said.

The OPP says a driver sending a text while driving at highway speed travels the length of a football field without looking at the road. TORSTAR NEWS SERVICE

Let's have some fun! Students bounce back

Montreal march.
There's an unusual festive air to events as holidays end and young protesters take to the streets again

Partners in protest: Marchers dress — or undress — for the occasion on Wednesday. GRAHAM HUGHES/THE CANADIAN PRESS

They're baaack!

Student protesters burst into the Quebec election scene Wednesday after dropping off the radar in the campaign's first weeks.

Thousands of students marched in Montreal — just as they have on the 22nd of every month for the last six months.

The event was peaceful, at times even festive.

But in some cases people tore down a number of political campaign posters for different parties.

The protests have faded as an election issue, mere weeks after they were attracting international news coverage and dominating the political conversation.

The student unrest didn't even come up once in the only election debate to have featured all four leaders of the biggest parties.

Part of that absence has to do with a strategic decision made by many students: most have returned to class, with some citing a desire to avoid making themselves a campaign issue.

Premier Jean Charest is accused by opponents of manipulating the calendar to ensure the strikes would be a top-of-mind issue for voters.

His emergency law set the mid- to late-August dates for the return to colleges and universities, and then he called an election for that period.

But few students appear to be playing their assigned part in Charest's campaign script.

The number of students on strike has diminished by more than four-fifths since the peak of the movement.

But that doesn't mean the issue has disappeared completely; universities are set to reopen in the coming days and it's unclear how smooth that process will be.

One spokesperson for the more militant student organization, CLASSE, promised the students would continue striking in defiance of Bill 78. He said the action would persist during, and after, the election.

The group says about 43,000 students remain on strike — which is about one-tenth of all post-secondary students in the province.

The student issue showed some other potential Wednesday for resurfacing as an election issue.

The Parti Québécois critic on the issue, Marie Malavoy, has urged students not to pay their fees for the semester.

She told Le Soleil newspaper in Quebec City that universities that have sent out tuition bills with the new, higher, amount should have waited. The PQ is promising to scrap the Charest government's $254-a-year, seven-year plan for tuition hikes. THE CANADIAN PRESS

Quoted

"We recognize that the three main parties that can seize power haven't made much of a case in support of education."

Jeremie Bedard-Wien,
spokesperson for CLASSE, the most militant student association.

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Protesters demonstrate outside the court in Ventersdorp, South Africa, on Wednesday at the sentencing of the killer of right-wing leader Eugene Terreblanche. Chris Mahlangu was given a life sentence for the 2010 murder of Terreblanche. DENIS FARRELL/THE ASSOCIATED PRESS

Farmworker gets life sentence for killing white supremacist

South Africa. White protesters oppose Mahlangu supporters outside courtroom

A black farmworker was sentenced to life in prison Wednesday for the brutal murder of South African white-supremacist leader Eugene Terreblanche in a case that has been a source of racial tension in the city of Ventersdorp.

About 100 protesters sang anti-white songs outside the courtroom in the city just west of Johannesburg to support 30-year-old Chris Mahlangu, who had pleaded guilty but argued that he acted in self-defence in what the judge found was a violent dispute over wages.

They were opposed by 20 white protesters who carried the dummy of a black man with a rope around his neck and a sign that said: "Hang Mahlangu."

As Mahlangu was leaving the court, the protesters tied the effigy to a pick-up truck and drove around the black crowd.

Mahlangu was found guilty for beating Terreblanche, 69, to death with an iron in April 2010. Mahlangu said he feels he did no wrong by ridding the world of a man some called a monster. The judge had rejected a defence argument that Mahlangu had been sodomized by Terreblanche and acted in self-defence. Mahlangu also claimed that Terreblanche infected him with HIV.

Zola Majavu, Mahlangu's lawyer, said on Wednesday that they are planning to appeal both the court's findings and the sentence.

After the sentencing, the Young Communist League of South Africa released a statement calling the judgment racially biased.

"Eugene Terreblanche was a white supremacist who made no qualms about his lack of love and respect for the black Africans and still believed in white supremacy and black oppression. How is it that the issue of self-defence is not taken serious?" said the statement.

THE ASSOCIATED PRESS

The second man

A second man, Patrick Ndlovu, who was a teenager at the time of the killing two years ago, was sentenced to a two-year prison sentence which means he goes free.

- Ndlovu was found guilty of breaking and entering with intent to steal.

Zellers layoffs. Unionized workers hit Target office to deliver petition to execs

Unionized workers delivered a blistering attack on Target and corporations like it on Wednesday, at a protest in front of the company's new Canadian headquarters in Mississauga.

"We need to fight back against this corporate greed. We need to build a huge movement to take back this country for workers," said Motilall Sarjoo, president of the Mississauga Brampton Labour Council.

Sarjoo was addressing a crowd of about 120 people, including union members and leaders of the United Food and Commercial Workers (UFCW), the Canadian Auto Workers (CAW), the Canadian Union of Public Employees (CUPE), the Ontario Federation of Labour (OFL) and NDP MP Wayne Marston.

The group had gathered to deliver a petition to Target executives, asking them to respect the seniority and benefits of Zellers employees who are being laid off as Target takes over Zellers leases across Canada as part of a $1.8-billion deal with HBC.

Target, a discount retailer based in Minneapolis, plans to open its first stores in the GTA in 2013.

Target has maintained that it has no responsibility towards the Zellers employees, because it bought only Zellers leases from HBC. Citing its status as a private company, HBC has repeatedly declined to comment.

TORSTAR NEWS SERVICE

Let go

27,300

An estimated 27,300 employees are being let go as a result of the transaction. About 15,000 of them work in stores being converted to Target stores.

U.S. outbreak

West Nile cases four times higher for mid-August

The current West Nile outbreak is one of the largest in the U.S., with four times the usual number of cases for this time of year, federal health officials said Wednesday. So far, 1,118 illnesses have been reported, about half of them in Texas. In an average year, fewer than 300 cases are reported by mid-August. There have also been 41 deaths this year, Centers for Disease Control said. THE ASSOCIATED PRESS

Kenya

Nearly 50 killed in attack over land

Hundreds of farmers attacked a village, killing at least 48 people in southeastern Kenya in an escalation of ongoing clashes between the farming and pastoral communities over land and resources, an official said Wednesday.

Some people were burned to death in their houses, while others were hacked to death or shot with arrows, said Tana River region police chief Joseph Kavoo.

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Chinese activists return home

Disputed land.
Homecoming isn't likely to end feud; Chinese have vowed to make another attempt to occupy islands

Hong Kong gave a hero's welcome home Wednesday to activists who landed on disputed islands and whose video of their scuffles with Japanese police will likely aggravate nationalist tensions further.

The seven activists were part of a 14-person group that managed to evade the Japanese Coast Guard in a rusty fishing boat to reach the islands a week ago. The group included two reporters from Phoenix TV, which broadcast video for the first time of the activists' desperate confrontation with Japanese officers as they landed on the barren islands.

Known as Senkaku in Japan and Diaoyu in China, the islands are surrounded by rich fishing grounds and may also be near underwater natural-gas deposits. They're controlled by Japan but also claimed by China and Taiwan.

In the video, six of the activists are seen clambering over the rocky shoreline. The group wades ashore, advancing toward several dozen Japanese police officers wearing riot gear. One of them waves China's national flag as the officers watch. But as they try to go further, the police block the way. Two of them make a run for it but are tackled by the officers.

The whole group was arrested and quickly expelled from Japan in a move seen as an attempt to soothe tensions. But anti-Japan sentiment flared up anyway in China, where thousands protested last weekend in 10 cities, with some carrying banners demanding Japan give up the islands.

THE ASSOCIATED PRESS

Chinese activist Henry Wong Fahman, centre, shakes hands with supporters on arrival in Hong Kong Wednesday. A group of Hong Kong activists deported from Japan after landing on disputed islands in the East China Sea returned home in their fishing boat to a hero's welcome. KIN CHEUNG/THE ASSOCIATED PRESS

News agency denies spying claims after journo quits

Xinhua Ottawa bureau chief Dacheng Zhang takes video footage on Wednesday during an announcement by Prime Minister Stephen Harper in the Northwest Territories. ADRIAN WYLD/ THE CANADIAN PRESS

A Canadian journalist says he quit working for China's news agency because it wanted him to spy on the Dalai Lama in Ottawa.

But the Ottawa bureau chief of China's Xinhua news agency dismissed that claim as "Cold War" ideology.

Ottawa-based freelance journalist and author Mark Bourrie makes the allegation against the Xinhua news service in an article published in Ottawa Magazine, and in an interview with The Canadian Press.

The matter will likely revive debate around the long-standing issue of whether Xinhua is an intelligence-gathering front for the Chinese government instead of a legitimate news service.

Bourrie, 55, said he resigned in April after working for two years for Xinhua in Ottawa because its Ottawa bureau chief, Dacheng Zhang, wanted him to use his parliamentary press pass to gain access to the Dalai Lama's final news conference, and turn over all notes and materials without writing a story.

Bourrie says the agency collected hours of video and other notes of the Dalai Lama's most recent trip to Ottawa on April 27 and 28, but it wasn't interested in publishing a story on the Tibetan spiritual leader. The Chinese government considers the Dalai Lama to be its enemy.

Zhang, who is currently travelling with other Canadian journalists on Prime Minister Stephen Harper's annual tour of the Arctic, denied Bourrie's claim on Wednesday.

Zhang told The Canadian Press that Xinhua's policy is to "cover public events by public means" and his bureau's job is to cover news events and file the stories to Xinhua's editing rooms. It is up to them to decide how and what to publish, Zhang said, calling those decisions internal matters.

Bourrie said that Xinhua's journalistic access to Parliament Hill and other Ottawa events should be reviewed by the parliamentary press gallery because the credentials it has issued are being used to gather information for a foreign government, not solely for media reports.

THE CANADIAN PRESS

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Fork removed from man's stomach, 10 years later

Tough to swallow. Plastic utensil was lodged in the 40-year-old British man's small intestine for a decade, surgeon calls the case 'anything but routine'

Lee Gardner had forgotten swallowing a white plastic fork 10 years ago when he went to the hospital this month coughing up blood.

But there it was, on camera, as Dr. Hanif Shiwani examined the baffled 40-year-old from South Yorkshire, U.K.

"The handle of the fork was in the duodenum," Shiwani told the Star on Wednesday. "The prong part was in the stomach."

There it had lain, 23 centimetres of hard plastic stuck at the entrance to the small intestine, for a decade.

"I can't believe it. I have never had any problems with my stomach, except once a couple of years ago I remember thinking I felt like something had lodged when I bent over awkwardly," Gardner told the hospital.

It was only when Shiwani looked inside his gut and saw a fork that Gardner said he "remembered accidentally swallowing one years and years ago."

What was particularly unusual was that it had been forgotten.

Quoted

"I have never had any problems with my stomach, except once a couple of years ago I remember thinking I felt something had lodged when I bent over, akwardly."

Lee Gardner, who had a fork removed from his stomach after barely noticing it for 10 years.

"It hadn't been giving him any symptoms," said Shiwani, until the prongs started wiggling their way into Gardner's stomach lining and gouging blood vessels.

Shiwani performed the 45-minute operation at Barnsley General Hospital, South Yorkshire, where he is a consulting surgeon.

The case is anything but routine. Shiwani could find only four other cases in medical journals of an object so large spending so long inside a person.

He's looking forward to adding to the medical literature with this one, particularly as Gardner has made a full recovery.

The blackened and stained fork, now missing a tine, sits in a cupboard at the hospital. **TORSTAR NEWS SERVICE**

For more news, visit metronews.ca

We're gonna need a bigger boat

Good Hope Cannery sport-fishing guide Tyler Mills, left, and tourist Deborah Whitman-Perry of Newmarket, Ont., pose with a record-breaking 83.3-pound Chinook salmon caught near Rivers Inlet, B.C., on Sunday. The fish was released to fight another day.

GOOD HOPE CANNERY/THE CANADIAN PRESS

Outbreak. Superbug contained in U.S. hospital

Over six frightening months, a deadly germ untreatable by most antibiotics spread in the U.S.'s leading research hospital. Pretty soon, a patient per week was catching the bug. Scientists at the National Institute of Health locked down patients, cleaned with bleach, even ripped out plumbing — and still the germ persisted.

By the end, 18 people harboured the dangerous germ, and six died of bloodstream infections from it. Another five made it through the outbreak only to die from the diseases that brought them to NIH's world-famous campus in the first place.

It took gene detectives teasing apart the bacteria's DNA to solve the germ's wily spread, a CSI-like saga with lessons for all hospitals. **THE ASSOCIATED PRESS**

Preventable death

99,000

Infections at health-care facilities are one of the leading causes of preventable death, claiming an estimated 99,000 lives a year.

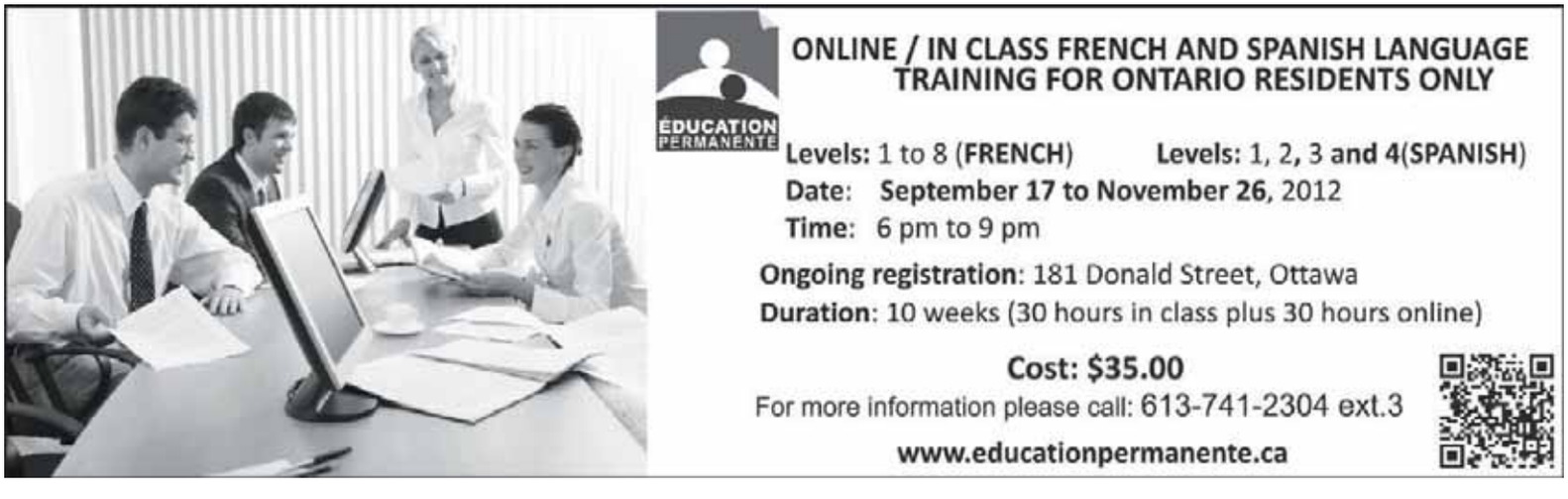
Charged. Man accused of molesting passenger

A passenger on a U.S. domestic flight dozed off wearing headphones and awoke to find the hands of the stranger seated next to her inside her blouse and shorts, federal prosecutors said Wednesday.

In a criminal complaint, the U.S. attorney for New Jersey charged Bawer Aksal with sexual abuse.

Prosecutors said Askal, a Turkish national with U.S. citizenship, was sitting in the middle seat on United Airlines Flight 306 Newark, N.J. from Phoenix, Ariz., on Monday night when he allegedly abused the woman, who was sitting in the window seat.

The woman, whose name is being withheld by prosecutors because of the nature of the charges, told authorities she woke up to find the man had one of his hands inside her shirt touching her breasts and the other in her shorts molesting her, according to the complaint. Aksal, 48, was breathing heavily and repeatedly asked the woman to kiss him, it says. **THE ASSOCIATED PRESS**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Japan PM, nuclear protesters remain far apart

Japan's Prime Minister Yoshihiko Noda, right, talks with the leaders of the anti-nuclear protest in Tokyo on Wednesday. KYODO NEWS/THE ASSOCIATED PRESS

Safety concerns. Despite meeting, weekly mass rallies likely to continue

Japan's prime minister met for the first time with leaders of weekly anti-nuclear protests Wednesday but rejected their demand that two recently restarted nuclear plants should be shut again.

Tens of thousands of people have been gathering every Friday night outside Prime Minister Yoshihiko Noda's office compound to protest against nuclear power because of safety concerns set off by last year's Fukushima Dai-ichi nuclear crisis.

The 11 protest leaders were allowed into the complex for the first time since they started chanting anti-nuclear slogans outside the tightly guarded building in April.

"When the majority of the general public opposed the restart, you forced it by trampling down on us. It was ridiculous and outrageous," protester Misao Redwolf told Noda as she sat across from him. "We will continue our protests as long as you keep ignoring our voices."

Noda initially called the demonstrations "big noise," triggering criticism. He promised the protesters on Wednesday he would listen to people's views and reflect them in policy decisions. But he did not accept their demands that his government shut down two reactors that were restarted in July and keep the rest of the country's 48 reactors shuttered.

THE ASSOCIATED PRESS

Protest plans

- The protesters said meeting the prime minister was not their goal and they'd continue to gather until their demands are met.

Sept. 11 release

Navy SEAL to publish account of Bin Laden raid

A first-hand account of the U.S. navy SEAL mission that killed Osama bin Laden is coming out Sept. 11. Dutton, an imprint of Penguin Group, announced Wednesday that Mark Owen's No Easy Day will "set the record straight" on the raid in Pakistan in May 2011.

Mark Owen is a pseudonym for the combat veteran who was one of the first fighters to enter bin Laden's third-floor hideout and also witnessed his death, according to Dutton. One senior military official said the manuscript was not shared with special-operations officials to check for possible disclosure of classified information. THE ASSOCIATED PRESS

Extradition request

Ecuador says it will treat refugee case like Assange's

Ecuador's deputy foreign minister says his government will treat Belarus' extradition request for a former police investigator with the same respect for human rights that guided it in the case of WikiLeaks founder Julian Assange.

Marco Albuja told reporters that if Ecuador finds Aliaksandr Barankov's life would be at risk at home it will apply the same criteria it did in granting asylum to Assange.

Barankov won political refugee status after arguing that he fears being killed in prison if sent home because he unearthed high-level corruption involving relatives of President Alexander Lukashenko.

THE ASSOCIATED PRESS

Paralympic torch relay gets a sky-high start

Former solider and marathon runnner Karl Hinett holds the English Paralympic flame at the top of Scafell Pike in Cumbria, England, on Wednesday. The torch relay began yesterday with scouts lighting flames on the highest peaks in England, Scotland, Wales and Northern Ireland. The London Paralympic Games will begin on Aug. 29, when athletes with disabilities will compete in 20 different sports.

JOE GIDDENS/LOCOG/THE ASSOCIATED PRESS

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Body-parts victim's spa 'never open'

Unanswered. Police do not know how Liu died, and have not spoken of suspects

Guang Hua Liu. THE CANADIAN PRESS/ TORONTO POLICE SERVICE

A single mother of three whose body parts were found scattered in Toronto-area waterways had told neighbours she was planning to return to her native China.

Guang Hua Liu, 41, was reported missing on Aug. 11, one day after her friends dropped her off in front of a now-defunct spa she used to own called Forget Me Not Health Centre in east Toronto.

Jong Soon Suh, the owner of a dry cleaning business located in the same building for 18 years, said the former business owner at the spa's location told her Liu was planning to leave Canada just months after opening the spa because her former husband had decided to relocate to China for work.

Suh also said that she had become aware of Liu taking over the property in mid-May and was concerned with the spa because she never saw any customers enter and the front window was covered with a curtain. "The store never opened. There was no opening sign and nobody was in there."

Suh said she had spoken with other business owners who observed the same thing.

Peel Insp. George Koekkoek said Liu had two children but they lived with their father.

On Aug. 15, Liu's right foot was found in the Credit River in Mississauga, Ont. Liu's head and hands were later discovered in the river in the Hewick Meadows Park area. On the weekend, two calves, a thigh and an arm were found in West Highland Creek.

THE CANADIAN PRESS

Spa inspection

- City inspectors checked out the spa after receiving a handful of resident complaints about the business, according to Coun. Michael Thompson.
- When inspectors arrived at the spa in July, zoning and bylaw officials found nothing improper, had trouble finding Liu, who said she was selling the business.

A stamp for the Stampeders

Calgary Stampeders' great Wayne Harris, right, and Canada Post director of delivery operations Tom Dixon, unveil the Calgary Stampeders and Canada Post stamp at a press conference in Calgary on Wednesday. Canada Post has issued a new series of stamps in commemoration of the 100th anniversary of the CFL Grey Cup. JEFF MCINTOSH/THE CANADIAN PRESS

Crime prevention. More jobs for youths: Province

Ontario is bolstering crime prevention programs with a focus on youth — to the tune of $20 million — in an effort to get guns off the streets by trying to prevent kids from turning to crime in the first place.

A plan to expand summer job programs and add more youth outreach workers was announced Tuesday. The multi-million-dollar investment comes on the heels of two deadly public shootings this summer in Toronto.

Community Safety Minister Madeleine Meilleur said the government will be taking proceeds of crime and funnelling that money into crime-prevention programs in priority communities in the province.

"Crime prevention is only one part of the youth action plan," she said. "But it is a critical part because it stops bad choices before they are made."

Children and Youth Services Minister Eric Hoskins said 35 new youth outreach workers will be added across the province, 20 of them in the Toronto.

The Liberal government already announced it will make funding permanent for initiatives such as the Toronto Anti-Violence Intervention Strategy (TAVIS), which targets gang, drug and weapons in priority communities. THE CANADIAN PRESS

Campaign. Premier Charest tributes family on the trail

Quebec Premier Jean Charest THE CANADIAN PRESS

Jean Charest used an election campaign stop Wednesday to announce that he will become a grandfather.

The Quebec Liberal premier was joined by his wife, Michele Dionne, at a personal campaign event in his home riding of Sherbrooke.

Charest, 54, touted his track record on gender issues, noting that he had named the first provincial cabinet with as many women as men and also introduced pay equity and gender-parity policies in government agencies.

Charest was surrounded by women running for the Liberals and by his wife. He spoke about his mother-in-law and two daughters. "I would never have been premier of Quebec if not for my wife Michele," Charest said. "And I can even share a secret with you. Our eldest daughter Amelie is expecting a child soon. We hear it's a girl — which is fitting."

A poll suggests Charest is in danger of losing his riding, and women have been his party's most solid supporters.

THE CANADIAN PRESS

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Accused mass killer will be shaved: judge

Fort Hood shooting case. Muslim defendant who may face death penalty doesn't want to die without a beard

Can a U.S. army psychiatrist charged in the 2009 Fort Hood shooting rampage be forcibly shaved of his beard before his murder trial?

Yes, a military judge said Wednesday.

"Forced shaving is not a novel concept in the military," said a judge's response filed with the U.S. Court of Appeals for the Armed Forces.

The accused killer, Maj. Nidal Hasan, has grown a beard to express his Muslim faith.

His lawyers have said he won't shave since he has had a premonition that his death is imminent, and he doesn't want to die without a beard because he believes not having one is a sin.

Maj. Nidal Hasan, shown in April 2010, believes not having a beard is a sin. THE ASSOCIATED PRESS

Hasan faces the death penalty or life in prison without parole if convicted in the November 2009 attack on the Texas Army post that killed 13 people and wounded more than two dozen others.

Last week the appeals court delayed Hasan's court-martial, which had been set to start this week with jury selection.

The judge, Col. Gregory Gross, has banned Hasan from hearings since he first showed up in court in June with a beard, letting him watch the proceedings on a closed-circuit television in a nearby room.

But Gross said Hasan will be forcibly shaved before the trial if he doesn't shave himself. Army rules prohibit beards, and those who join the military agree to give up certain personal interests.

THE ASSOCIATED PRESS

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Tampa. Hurricane could strike site of Republican convention: Forecasts

Tropical Storm Isaac is posing a potential threat to next week's Republican National Convention in Florida, which culminates in the nomination of Mitt Romney for president.

The U.S. National Hurricane Center on Wednesday morning said Isaac was expected to strengthen and could become a hurricane by Thursday.

Convention organizers knew it was a possibility during the peak of hurricane season. About 70,000 delegates, party officials, journalists, protesters and others are expected to attend.

It's been 90 years since a major hurricane made a direct hit on Tampa, the site of the convention. Florida, historically the nation's top target for tropical systems, has not been hit by a major hurricane since Wilma in 2005.

National Hurricane Center computer models had predicted Isaac would become a hurricane over the next few days, meaning maximum winds must be at least 120 km/h. Some models had the storm striking Florida, including the Tampa Bay area, after moving across Cuba or the Bahamas as early as Sunday morning.

Jeff Masters, director of meteorology at Weatherunderground.com, said long-range storm-track predictions five days in advance are notoriously inaccurate, often off an average of 418 kilometres. But Masters said the climate situation has improved chances that Florida could be in the system's sights during the Republican event that runs Monday through Thursday. THE ASSOCIATED PRESS

Just in case

- Republican and state officials have backup plans in place if the storm makes its way to Tampa, including an evacuation in a worst-case scenario.
- A four-day mock hurricane drill was held in May featuring a pretend major storm striking the Tampa area during the second day of the convention. Under that scenario, planners cancelled.

Obama, Romney deadlocked in new poll

U.S. President Barack Obama closes his umbrella as he boards Air Force One before his departure from Nellis Air Force Base in Las Vegas on Wednesday. A new AP-GfK poll shows Obama and Mitt Romney locked in a statistical tie, despite the Republican challenger's recent choice of conservative Rep. Paul Ryan as his running mate. With less than three months remaining before the Nov. 6 election, 47 per cent of registered voters said they planned to back Obama and Vice-President Joe Biden, while 46 per cent favoured Romney and Ryan. That's not much changed from a June AP-GfK survey, when the split was 47 per cent for the president to 44 per cent for Romney. DAVID BECKER/THE ASSOCIATED PRESS

Facebook

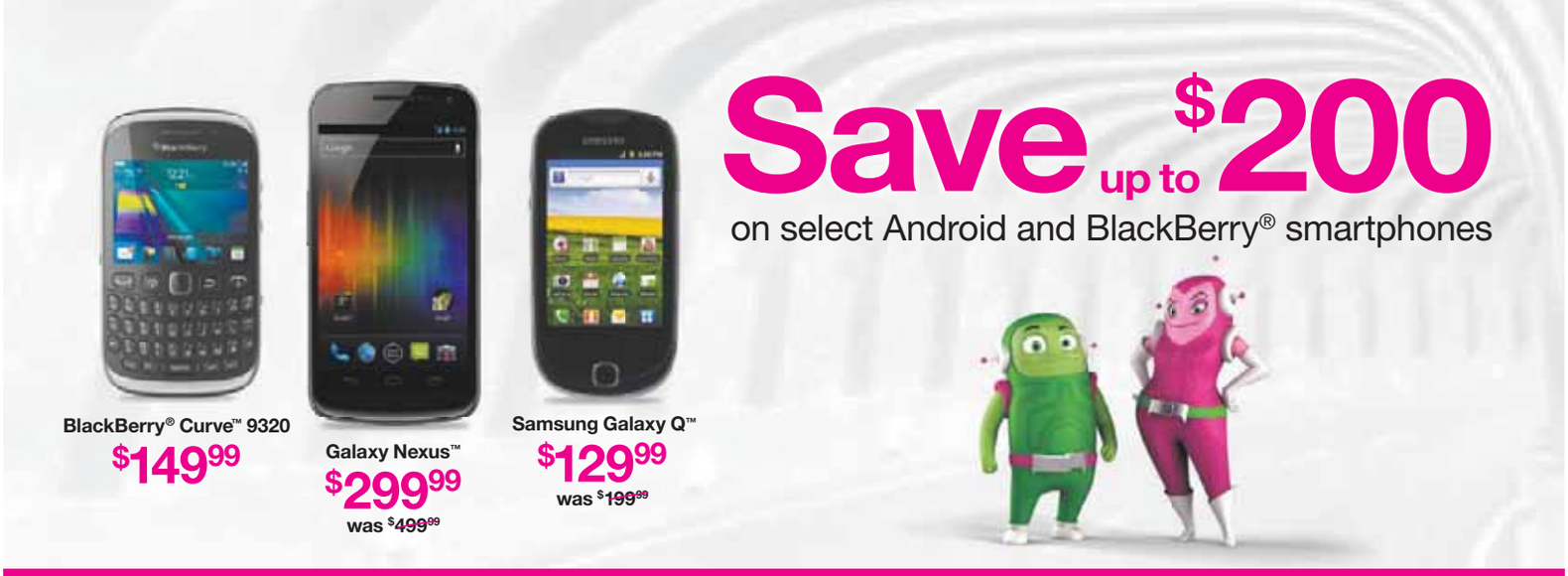
Probation given for online threats against Obama

A Florida man has been sentenced to three years' probation for posting threats against U.S. President Barack Obama on Facebook in February. U.S. District Judge Marcia Cooke ruled Wednesday that Joaquin Serrapio, 21, had acted wrongly but there was no evidence he intended to carry out the threats.
THE ASSOCIATED PRESS

Rape controversy

Ryan urged Akin to drop out of race

The U.S. congressman under fire for making comments about "legitimate rape" and pregnancy said Wednesday that Republican presidential challenger Mitt Romney's running mate, Rep. Paul Ryan, personally pleaded with him to leave a crucial Missouri Senate race, but the advice went nowhere. Rep. Todd Akin insisted he's in the race to stay, saying "this is not about my ego."
THE ASSOCIATED PRESS



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Right-to-die advocate's 'living nightmare' ends

Euthanasia debate.
Tony Nicklinson's death from pneumonia comes a week after British court rejected his right-to-die request

Tony Nicklinson, paralyzed and unable to speak, found life so unbearable he wanted to die. On Wednesday, the 58-year-old Briton got his wish.

His family said he died of pneumonia at home.

In January, Nicklinson asked the High Court to declare that any doctor who killed him with his consent would not be charged with murder. Last week, the court rejected his request, a decision that Nicklinson said had left him "devastated and heartbroken."

Tony Nicklinson
THE ASSOCIATED PRESS FILE

Nicklinson was a former corporate manager and rugby player who suffered a stroke in 2005 that left him with locked-in syndrome. He was unable to speak or move below his neck and required constant care. Nicklinson communicated mostly by blinking, although his mind had remained unaffected and his condition was not terminal.

Nicklinson had argued that British law violated his right to "private and family life" as guaranteed by the European Convention on Human Rights, on the ground that being able to choose how to die is a matter of personal autonomy. He had previously described his life as "a living nightmare."

One of his daughters said on Twitter that before he died, Nicklinson had asked them to tweet "Goodbye world the time has come, I had some fun."

Police said they would not be investigating Nicklinson's death. "We can confirm he passed away," a police spokesman said on customary condition of anonymity. "His death certificate has been signed by a doctor, so it is not a matter for Wiltshire Police or the coroner." THE ASSOCIATED PRESS

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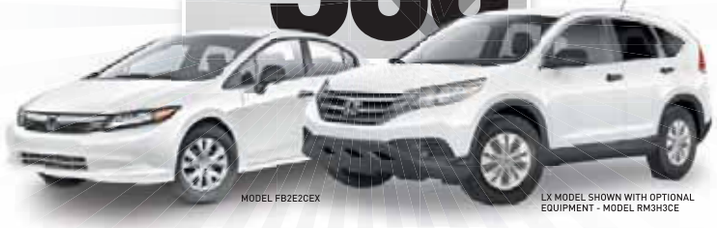

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A police officer uses his binoculars to check the Turkish border in Likofito village, northern Greece. Greece launched an aggressive has caused a swell in joblessness and a surge in racist attacks against immigrants, mostly from Afghanistan and Pakistan. NIKOLAS

Greece rounds up illegal immigrants, tries to seal border

Strong criticism.
Human-rights groups and local officials allege racial profiling and police brutality

Border police jeeps hurtle along hot, dusty tracks past potato fields on their way to the river that marks the Greek-Turkish border. Sirens blaring, the convoys have been repelling wave after wave of migrants.

Greece's remote Evros region has turned into Europe's main battleground against illegal immigration. More than two-thirds of people making the clandestine journey into the European Union pass through here from neighbouring Turkey.

Greece launched an aggressive campaign this month to try to seal its 200-kilometre northeastern border, as it faces a debilitating financial crisis that has caused a swell in joblessness and a surge in racist attacks against immigrants with dark skin.

The police operation has brought nearly 2,000 additional border guards to the Turkish frontier previously manned by about 500 officers. They fanned out with dogs, night-wvision equipment and flat-bottomed boats for 24-hour patrols of the Evros River that forms a natural border. At least 21 people have drowned or died of exposure crossing the river this year, while several have been listed as missing.

In Athens, the operation is being bolstered by mass roundups of suspected illegal immigrants. In the first week of the crackdown in early August, police said they apprehended nearly 7,000 people for identification checks. Nearly 1,700 were slated for deportation.

Anwar, a 22-year-old man from Bangladesh, walked across the border. He said he is looking for police so he can turn himself in. It's a well-worn ploy: Migrants have actively tried to get themselves taken to detention centres near Athens, assuming they will be released due to overcrowding and allowed to blend into the chaotic capital.

Resident reacts

"As long as people know they can make it here and eventually live freely, they will keep coming.... Nothing will stop them."

Christos Kyriakidis,
a 63-year-old resident in the Evros region

Now, however, authorities are determined to swiftly deport illegal migrants they round up.

The government insists the operation is working, reporting a drop in illegal border crossings by around 90 per cent in the first week.

Greece is a member of Europe's passport-free Schengen agreement but shares no borders with any of the other 25 member states. That has meant hundreds of thousands of irregular immigrants have been unable to cross into other European countries, trapping them in limbo in Athens and other cities, typically in slum conditions.

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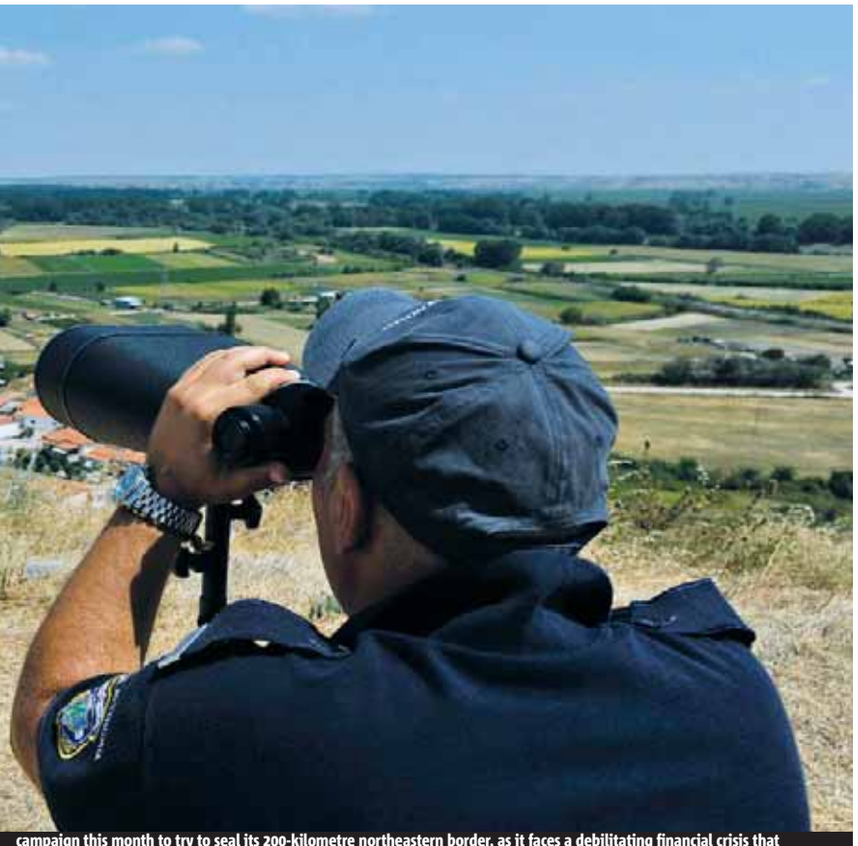

campaign this month to try to seal its 200-kilometre northeastern border, as it faces a debilitating financial crisis that

GIAKOUMIDIS/THE ASSOCIATED PRESS

Illegal immigrants stand behind a fence at a detention center in Filakio village, northern Greece, near the border with Turkey.

NIKOLAS GIAKOUMIDIS/THE ASSOCIATED PRESS

Illegal crossings

- In a recent pre-dawn operation, authorities using thermal-imaging cameras spotted a group of around 60 illegal immigrants on the Turkish side of the Evros River. Officers used spotlights, sirens and loud speakers to deter them from crossing, although 15 immigrants still made it over to a river islet in a no man's land and were arrested.
- Uniformed police officers from 25 countries are already helping Greece guard the Evros River as part of the European Union's border protection agency, Frontex.
- Greek police figures show more than 21,000 illegal migrants were arrested in the first six months of 2012 after crossing over from Turkey, with nearly all — 20,841 — caught along the northeastern land border rather than on one of the many Aegean islands near the Turkish coast. The figures show a nearly 29 per cent increase from the same period last year.
- Afghans currently make up the highest number of people crossing illegally, followed by Pakistanis, Bangladeshis, and an increasing number of people from war-ravaged Syria, according to the border-protection agency.

Bailout talks

Greek PM seeking more time

Greece needs more time to implement tough financial reforms and spending cuts, Prime Minister Antonis Samaras said as he begins a series of top-level European meetings to discuss his country's international bailout.

Jean-Claude Juncker, head of the Eurogroup representing finance ministers of 17 countries that use the euro, arrived in Athens Wednesday to meet with Samaras. The Greek premier then heads to Berlin to meet with German Chancellor Angela Merkel and to Paris to see French President Francois Hollande.

Greece is dependent on two rescue loan packages from other eurozone countries and the International Monetary Fund, to keep it from bankruptcy and potentially having to leave the euro. In return, it has to impose strict austerity measures, including cuts to salaries and pensions and repeated tax hikes. But Athens has faltered in the speed and effectiveness of implementing the reforms, fuelling impatience by its creditors.

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What's in that feedbag?

Israel. Biblical park outfits donkeys with wireless routers

It was nothing like this 3,000 years ago.

An Israeli attraction meant to immerse tourists in an authentic, ancient biblical experience has outfitted its donkeys with wireless routers.

At the historical park of Kfar Kedem in northern Israel, visitors decked out in biblical robes and headdresses ride donkeys through the rolling hills of the Galilee, learning how people lived in Old Testament times.

Now they can also surf the web while touring the land of the Bible on one of the oldest forms of transportation. A device slung around the donkey's neck like a feedbag is actually a Wi-Fi router.

The park's manager, Menachem Goldberg, said Wednesday he hopes the melding of old and new will connect the younger generation to ancient Galilee life while allowing them to share, tweet and snap the experience instantly to friends. He played down the notion that 21st-century tourists have grown addicted to being online at all times.

"You take some pictures, you want to change your picture on Facebook — you can do it," Goldberg said.

Visitor Peter Scherr accessed the Internet while touring the Galilee hills to do some donkey fact-finding with his family.

"It has been used as a working animal for 5,000 years," said the New York native, reading from a Wikipedia page on his iPad.

"There are more than 40 million donkeys in the world. That's a lot of donkeys!"

THE ASSOCIATED PRESS

Quote

"I don't miss any news. I send pictures back to my family while I'm having fun on the donkeys."

Visitor Peter Scherr

American tourist Ella uses an iPad while riding a Wi-Fi-outfitted donkey led by her brother Aaron, in Kfar Kedem, a biblical reenactment park in the Galilee, northern Israel, on Wednesday. ARIEL SCHALIT/THE ASSOCIATED PRESS

Animal news

Bao Bao THE ASSOCIATED PRESS

One of world's oldest giant pandas dies at 34

The Berlin zoo says Bao Bao, who was given to West Germany by China in 1980 and was one of the world's oldest giant pandas, has died. The zoo said the 34-year-old bear died early Wednesday in his enclosure after his health deteriorated over the last several months.

THE ASSOCIATED PRESS

Disappearing act

A well-known biologist in Newfoundland and Labrador says gannets who should be nesting at Cape St. Mary's have abandoned their chicks for cooler waters. Guides at the popular bird sanctuary noticed the phenomenon earlier this month when the seabirds suddenly disappeared.

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Brockville
1000 Islands Mall

Cornwall
Cornwall Square

Kingston
Cataraqui Town Centre

The late nun Dorothy Stang, of Ohio, gestures in Para's legislature in 2004 as she is declared "honorific citizen" in Belem, Brazil. CARLOS SILVA/THE ASSOCIATED PRESS

Alleged planner of nun's murder set free in Brazil

Rainforest activism. Rancher was convicted in 2010 of ordering U.S. woman's death

Brazil's Supreme Court has ordered the release of an Amazon rancher charged with being one of the masterminds of the 2005 killing of American nun and activist Dorothy Stang.

The Supreme Court ruled Tuesday night that Regivaldo Galvao has the right to remain free pending the outcome of his appeal process.

In 2010, a jury found Regivaldo Galvao guilty of ordering Stang's death and sentenced him to 30 years in jail. But he was freed on appeal.

He was imprisoned one year later after a Para state court ruled that he had to start serving his sentence before his appeal process had run its course.

Galvao was expected to be released later Wednesday.

Also convicted of ordering Stang's murder is Vitalmiro Moura, who is serving a 30-year jail term. Two other men charged with taking part in her killing are also in jail. Another one is at large.

Stang was born in Dayton, Ohio, and spent three decades trying to preserve the rain forest and defending the rights of poor settlers who confronted powerful ranchers seeking their lands in the Amazon's wild frontier. The northern Brazilian state of Para, where Stang was gunned down with six, close-range shots from a revolver, is notorious for land-related violence, contract killings, slave-like labour conditions and environmental destruction. THE ASSOCIATED PRESS

Fight over lucrative land

- In Brazil, killings over land are common and seldom punished, as powerful landowners clash with farmers and others for control of lucrative farming and logging land.
- According to the watchdog group Catholic Land Pastoral, more than 1,150 rural activists have been slain in Brazil over the past 20 years.

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StatsCan. Retail sales down in June, against experts' expectations

Retail sales in Canada fell in June, widely missing expectations of a small gain as increasingly cautious shoppers pulled back on a number of fronts and overnight trips to the U.S. hit a record high as higher duty-free exemptions kicked in.

Statistics Canada reported Wednesday that seasonally adjusted retail sales declined 0.4 per cent to $38.7 billion in June from the month earlier, more than offsetting a gain in May and frustrating economists who had expected a 0.1 per cent increase.

The biggest declines were felt by retailers who sell general merchandise, gasoline, building materials and garden equipment.

"The surprise drop in June sales was broad-based, suggesting households are becoming a little more cautious, though cross-border shopping may have played a role as well," BMO Capital Markets senior economist Benjamin Reitzes said.

Canadians made a record 1.9 million overnight trips to the U.S. in June, and most overnight travel was by car, with Canadians taking more than 1.2 million trips — a 10 per cent increase month over month. THE CANADIAN PRESS

Stateside shopping

1.9M

Canadians made a record 1.9 million overnight trips to the U.S. in June

Market Minute

DOLLAR 100.87¢ (-0.17¢)

TSX 12,118.99 (+2.06)

OIL $96.99 US (+15¢)

GOLD $1,642.20 (-70¢)

Natural gas: $2.826 US (+5.1¢)
Dow Jones: 13,172.76 (-30.82)

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Consent to Travel
Red Seal NOTARY
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RedSealNotary.com
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Loonie not biggest problem facing exports, Carney says

Bank of Canada governor Mark Carney, left, and CAW president Ken Lewenza shake hands at the CAW convention in Toronto on Wednesday. MICHELLE SIU/THE CANADIAN PRESS

Manufacturing. Strong dollar explains only about 20 per cent of our poor export performance, Bank of Canada chief tells CAW

Don't look to the loonie as the biggest problem facing Canadian exports, Bank of Canada governor Mark Carney said Wednesday in his first-ever public address to organized labour.

The central banker's speech to a gathering of the Canadian Auto Workers' union was not only Carney's maiden public address to a labour group, but also the first time any Bank of Canada governor has made such an overture.

Carney addressed a persistent complaint of those who put the blame for weak exports squarely on the shoulders of the strong Canadian dollar. The manufacturing sector and auto industry have been particularly hard hit in recent years.

He noted Canada's export performance was the second-worst in the G20 over the last decade, with only nine per cent of exports going to fast-growing emerging markets such as China and India.

The structure of the Canadian economy, "unfortunately, is too north-south, not enough east-west in a global sense," Carney said during a media conference after his speech.

While CAW president Ken Lewenza conceded that the dollar isn't the only factor affecting auto manufacturing, he maintained that the loonie is more significant than Carney suggested. THE CANADIAN PRESS

Quoted

"The high-paying manufacturing jobs of the future will be in companies ... that are fully engaged in the global economy."

Bank of Canada governor Mark Carney

Apple's patent lawsuit goes to jurors

Nine Silicon Valley residents who presided over the epic three-week patent trial between smartphone titans Apple and Samsung Electronics began deliberating the multibillion-dollar case Wednesday.

Apple is demanding Samsung pay $2.5 billion US for allegedly stealing the design technology of the iPad and iPhone to create illegal knockoffs. Samsung counters that Apple stole its technology and is demanding $399 million.

During closing arguments Tuesday, a lawyer for Apple said that Samsung was having a "crisis of design" after the launch of the iPhone, and executives with the South Korean company were determined to illegally cash in on the success of the revolutionary device.

Samsung's lawyer said that the technology giant was simply and legally giving consumers what they want: smartphones with big screens. Lawyers finished their closing arguments late Tuesday.

The competing claims came after last-minute talks between chief executives failed to resolve the dispute.

The jury of nine people will consider the case after hearing three weeks of testimony from technology experts, patent professionals and company executives.

Apple's damage demands, if awarded, would represent the largest patent verdict in the U.S.

The U.S. trial is just the latest skirmish between the two over product designs. The two companies have been fighting in courts in Australia, Britain and Germany. THE ASSOCIATED PRESS

Apple headquarters in Cupertino, Calif. PAUL SAKUMA/THE ASSOCIATED PRESS

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PLEASE DON'T LEAVE ME, NHL

HE SAYS...
John Mazerolle
metronews.ca/voices/he-says

The worst thing about the potential for a cancelled NHL season is that it lays bare my pathetic addiction. I'm hopelessly hooked on a league that doesn't care how I feel.

Can't you spare a hit or two for a guy down on his luck, NHL?

As I write, labour talks are ongoing. So maybe by the time you read this both sides will have already had an action-movie style "Not partners — friends!" handshake and will soon be enjoying Coca-Cola atop a hillside in perfect harmony. Somehow I doubt it.

NHL fan hardship

And the NHL is the only league where the referees rediscover the rule book every 10 years or so, as if it were an old wedding album. "Wow, I forgot about this thing!" they say as they blow the dust off.

It looks like the league is heading toward its third lockout in two decades, which will leave me in withdrawal — sad, shivering and holding my head in my oversized novelty hands.

The league can be a cold-hearted partner even when it's running smoothly. Your favourite team can let you down year after year, while teams in the Deep South win despite holding what appear to be Empty Seat Nights.

And the NHL is the only league where the referees rediscover the rule book every 10 years or so, as if it were an old wedding album. "Wow, I forgot about this thing!" they say as they blow the dust off.

But turning these labour disputes into some sort of twisted tradition is the cruellest cut of all.

There will be lots of detail-laden news articles — pity the poor reporters who chose sports so they wouldn't have to write phrases like 'collective bargaining' — but the facts don't really matter.

All we know is that Rich White Man No. 1 wants one thing and Rich White Man No. 2 wants another, and somewhere along the way somebody will say, "It's not about the money" and we'll laugh through our tears.

None of the players are using their sticks and jock straps to build makeshift bindles, and if the owners were to start living out of their vehicles they'd still be in nicer digs than my apartment. Catriona Le May Doan will not be walking among emaciated negotiators, asking us to donate. ("Some of them are so weak they haven't thrown a punch in months.")

Of course it's about the money.

What's worse, when my drug is back I will accept it without condition as soon as it's offered, like any true addict. The NHL's marketing campaign after the lost season could be "Welcome back, sucker!" and I'd say, "Awesome!"

And I won't even be able to give the NHL the middle finger, because my giant novelty hands don't bend that way.

I couldn't imagine living life without giant novelty hands. RICH LAM/GETTY IMAGES

For flippin' sakes! It's weigh-in time

GETTY IMAGES

Animal well-being

Animals weighed at annual check

It's time to find out which critter has been gorging.

Keepers at a London, U.K., zoo get out the scales for the annual animal weigh-in this week. Every one of the 16,000 or so animals, across 750 species, including penguins, meerkats, lions and owls, are put on the scales and measured, "to assess their health and behaviour," a spokesperson at the zoo says. METRO

Weigh-in weighed up

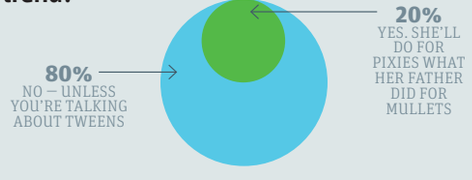
- **Worldwide database.** The measurements are recorded into the Zoological Information Management System. They can be shared with zoos worldwide, which zoologists use to compare data on endangered species.
- **What zoological director David Field says:** "This information helps us to monitor their health, their diets and their general well-being."

These pensive meerkats are certainly weighing in on London Zoo's annual animal audit. GETTY IMAGES

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Will Miley Cyrus' new shorter, blonder haircut start another wave of the pixie cut trend?



Twitter

@JuliaDeFelice: So let us be loving, hopeful and optimistic. And we'll change the world. - Jack Layton # RIP

@BronDear: #DearJack: the photo of chalk messages at NPS was my PC wallpaper even longer than any photos of my kids. You are missed.

@Craig_McDowell: It was nice to talk about all the times we had with Jack during the memorial on Parliament Hill. Jack, we miss you so much. #dearjack

@DDesBaillets: I will be raising a glass to Jack at Brixtons pub in Ottawa tonite#dearjack #NDP #RIPJack

@bdiermccomb: Return of the bright orange skinny jeans! #dearjack

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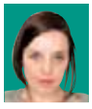
SCENE 2

On the web

Jimmy Kimmel moving into competition with Leno, Letterman; Nightline moving to later time.

Local model turning heads internationally

Chelsea girl. Her beauty has taken her all over the world, but home is where Michea Crawford's heart is



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

If you have flipped through a magazine or walked past a mall billboard in the last couple years, chances are you've run across an ad featuring local beauty Michea Crawford.

The Chelsea/Wakefield, QC native has been modelling professionally for more than two years and credits her friend Saad Al-Hakkak, a Montreal-based photographer, for getting her into the business.

"He had some photos of me in his portfolio and, when he was going out to agencies to get work, they saw my picture and said, 'Send this girl in,'" Crawford explains.

As it turns out, more than one agency was interested in the 20-something stunner, which, she admits, came as a surprise.

"I was like, 'Oh, get out of town!' It took me about a year to finally accept that I could do this full-time," she says.

Now, Crawford has three agencies in key international markets — her main agency, Folio in Montreal, Premier Model Management in London and Francina Models in Barcelona.

In the last two years, she has landed gigs throughout the U.S. and Europe, as well as Australia, Indonesia, Mexico, New Zealand and Morocco.

"I've been all over the world," she says.

A typical day in the life of Michea Crawford varies, depending on what country she is in and whether it's an audition day or a photo shoot.

For auditions, Crawford spends her days making her way around unfamiliar, foreign cities on foot or via public transportation for appointments and casting calls.

The real fun is had during the photo shoots.

"Hair and makeup can take a good two hours. Then, you look like a million bucks, you get put up in some clothes, walk onto the set and hope that they give you a bit of direction," she says.

Some shoots can be a reasonable eight hours. Others are much longer, starting before the sun goes up and ending late at night, she says. "If you're out in the jungle or on the beach somewhere, they want to get first sun and last sun."

Whether she's lying on a beach in Puerto Rico, posing in a jungle in Bali or making her way through the streets of London, Crawford's heart is always back home. "You really have to be able to come back and have real friends that aren't afraid to make fun of you," she says.

Quoted

"You really have to be able to come back and have real friends that aren't afraid to make fun of you."
Michea Crawford

Chelsea/Wakefield, QC beauty Michea Crawford. CONTRIBUTED/ FOLIO MONTREAL

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SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 26

Canada's music fans flock to Twitter after surprising 'Chavril' announcement

Celebrity union. Two of Canada's international music stars reveal engagement following six-month courtship

Nickelback frontman Chad Kroeger tells Hello! Canada magazine he fell for fellow rocker Avril Lavigne in Paris during work on her upcoming fifth studio album.

The Canadian music power duo shocked music fans and media outlets yesterday when they announced their engagement after an ultra-discreet six-month courtship.

In this week's issue of Hello! Canada, the two share their story and engagement photos, in which Lavigne is wearing a pear-shaped diamond ring.

Kroeger, who hails from Hanna, Alta., tells the magazine, "I knew I was falling for her. It was incredibly powerful and something I'll never forget."

The 37-year-old also says he feels "like the luckiest person alive."

The 27-year-old Lavigne of Napanee, Ont., says of Kroeger: "He makes me laugh every day. He takes care of me in every way and is extremely attentive."

News of their engagement has music fans abuzz on Twitter, where the two are trending with the hashtag #Chavril.

This will be the first marriage for Kroeger and the second for Lavigne, who filed for divorce from fellow Canuck rocker Deryck Whibley of Sum 41 in 2009 after three years of marriage.

Nickelback — which also includes Kroeger's brother, Mike, on bass, guitarist Ryan Peake and drummer Daniel Adair — was named group of the decade by Billboard magazine.

Their 2001 breakthrough hit How You Remind Me was the decade's top rock song, and their bestselling album is 2005's All the Right Reasons.

Lavigne got her breakthrough as a teen in 2002 with her debut album Let Go and the hit single, Complicated.

Despite Nickelback's monster popularity, the group also has a reputation as one of the most hated bands in music.

Last year, after they were invited to play at a Detroit Lions football game, an online petition protesting the performance drew more than 55,000 signatures.

Kroeger, however, says he only cares about making music for his fans.

THE CANADIAN PRESS

Chad Kroeger RICK OSENTOSKI/THE ASSOCIATED PRESS FILE

Avril Lavigne DAN STEINBERG/THE ASSOCIATED PRESS FILE

Twitter reactions

- Francois Marchand **@FMarchandVS**
  There's only one way this #Chavril wedding can happen: Grey Cup halftime show. With pyro.
- Andrew Snowdon **@snobiwan**
  I am assuming that #Chavril is a super super joke. I am content to play along; it'll help me lose weight.

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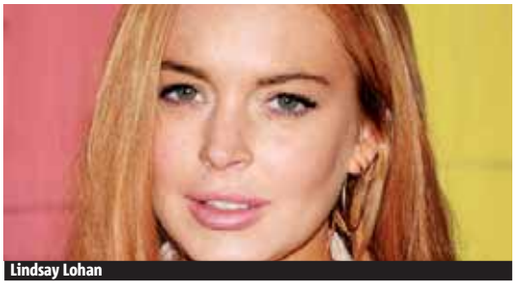
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

J.Lo to get Vegas show?

Jennifer Lopez may be the next music luminary to take up residence in Las Vegas with a long-running show, according to Hollyscoop.

The entertainment company Live Nation has reportedly approached Lopez about a long-term engagement, and her rep concedes it's not out of the question, telling the website, "It could very well be possible."



Lindsay Lohan

This time it's not her fault

Lindsay Lohan was reportedly questioned by police after jewelry went missing from a Hollywood Hills home where the troubled actress had spent the night, according to TMZ.

Lohan was reportedly among several guests who stayed overnight after a small party at the home Sunday night. The next morning, the house's owner claimed expensive jewelry had been stolen and called the police. Sources says Lohan was very co-operative with police but maintained that she had nothing to do with any theft.

The Word

Prince Harry parties like a professional

MONICA WEYMOUTH
scene@metronews.ca

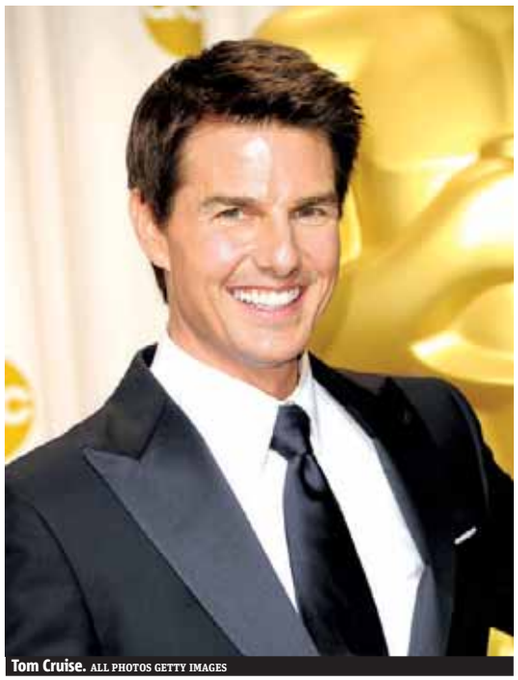
Prince Harry is learning the hard way that "What happens in Vegas, stays in Vegas" doesn't apply to drunk, naked members of the Royal Family.

Harry, you see, had a way better weekend than the rest of us. After spending Friday afternoon poolside, Harry and friends stopped by the bar of the MGM Grand, where they met some girls — with cameraphones — who were, in fact, interested in partying upstairs with a prince.

According to TMZ, it was a game of "strip pool" that led to the photos of Harry — completely naked except for a necklace and wonderfully awkward tan lines — hugging an equally naked girl from behind and holding his crotch. Harry stuck around Las Vegas long enough to challenge Olympic swimmer Ryan Lochte to a race through a pool full of girls in bikinis (he lost, in some very vague sense of the word), but was quickly summoned back to Buckingham Palace when the photos went viral.

Now, we don't envy having to explain the rules of strip pool to Queen Elizabeth.

But all in all, we'd say his weekend was well worth the international hangover.



Tom Cruise. ALL PHOTOS GETTY IMAGES

It's official

Tom Cruise's five-year marriage to Katie Holmes is officially over after a New York judge signed off on the divorce settlement earlier this week, according to E! News.

Completed in a remarkably short amount of time, the finalization comes just a month and a half after Holmes initially filed for divorce from Cruise.

"Tom is very happy and relieved that he is moving forward," a source says.

"His priority is being a good father, and this settlement will make sure that continues."

More car trouble for Amanda Bynes

Amanda Bynes was reportedly involved in yet another car accident, but this time it looks like it wasn't her fault.

According to TMZ, Bynes' rental car was rear-ended by another driver Monday night, though the other driver reportedly claims they did not have enough time to react and avoid a crash after Bynes made a reckless move.

"The collision was minor and information was exchanged, therefore, no police report was taken," a law enforcement official tells the website. Bynes was driving a rental car because her BMW is still being repaired from her last fender-bender.

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Gold makes an Olympic comeback

If, like us, you're still reeling from post-Olympic depression (POD), then take solace in these golden wonders.

RICHARD PECKETT
life@metronews.ca

Striding out: The best of the British fashion industry's talent at the London Olympic Closing Ceremony. GETTY IMAGES

Perfect poise: Lily Donaldson wears Vivienne Westwood. GETTY IMAGES

She's still got it! Kate Moss in Alexander McQueen. GETTY IMAGES

Delicate power: Lily Cole in a lace and brocade Erdem dress. GETTY IMAGES

Get the Midas touch

Metallic geo jacquard trousers
$90, topshop.com

Zara purse toiletry bag with gold studs
$36, zara.com

Marni metallic leather brogues
$685, net-a-porter.com

Marc by Marc Jacobs light toffee Veruschka lamé T-shirt
$520, my-wardrobe.com

LIFE 3

On the Web

Not all Impulse: Nicole Richie touting her work ethic with new collection at Macy's

Twitter

JEANNE SPACE
Jeanne Beker
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND, AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.

@Jeanne_Beker: Yikes! Only 2 more summer wknds left. What's the one thing on your summer hit list you haven't yet done??

@theuncagedbird
A vacation. Would love to be on the beach or camping.

@Jeanne_Beker
Just DO IT!! #lifeistooshort

@SeptembreA
Have a fabulous lobster dinner and read on the beach.

@Jeanne_Beker
I could definitely get into that!!

@JoAnnePulfer
but technically summer isn't over until Sept 21 when the solstice hits again, the school holiday is almost over :)

@Jeanne_Beker
True, but Labour Day kind of wraps it for me.....

@Jeanne_Beker: My Bekky @qualityslippers moves to Montreal tomorrow :(Now both kids will have flown the coop. Suggestions for dealing with my empty nest?

@ALittleCavalier
take up knitting? Start a cat farm? Joking! They'll always love you, no matter how far away they are; you're still their mom!

@Medibrat
more puppies!

@GRobin
Enjoy the solitude. Listen to the quiet. Then make lots of plans.

@Jan5220
when you find out please pass it on to me, son moving to Toronto :(

@Jeanne_Beker
This city will be great for him! Youll have to come visit...

@Jeanne_Beker: This @1LouiseKennedy '60s inspired gold lame coat is chic perfection! Simple, modern glamour...

@Jeanne_Beker: Know I just sent this, but didn't have twitter handle for @CorinthiaLondon. Hotel is beyond sublime!

Men in black

Men's wear goes back to black. Discover your dark side with one of the most tempting trends of the season.

RICHARD PECKETT
life@metronews.ca

The men's wear designers found themselves in a dark place this season, with everything from grunge to Gestapo-esque styles on show. Oh, and apparently leather trousers aren't just for George Michael or men that attend cage dancing and fetish parties. Let's leave S&M until later and delve into the darkness to discover some of this autumn's delights.

ASOS plaited belt
$17,
asos.com

Topman black leather sporty rucksack
$120,
topman.com

RAF Simons 1995 men's hairy jersey T-shirt
$225

ACNE black leather blues biker jacket
$1,300
my-wardrobe.com

Dolce & Gabbana slim corduroy trousers
$445

H&M leather gloves
$30,
hm.com

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Auctions have money in the bag

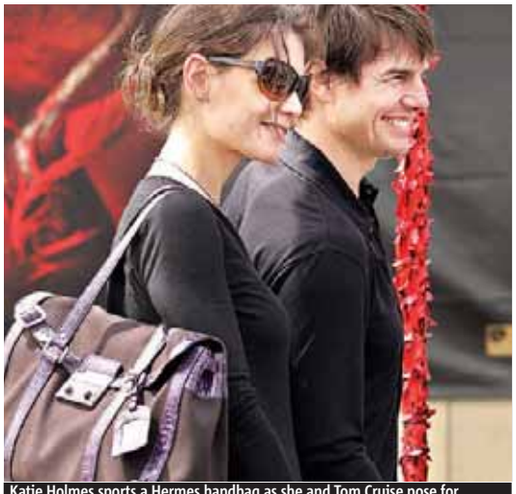
Get carried away.
Luxury handbags are making a splash on the auction block

Hermes, Chanel, Louis Vuitton. What woman wouldn't covet a handbag by one of these iconic fashion houses?

The still red-hot status handbag market — driven by celebrity trendsetters such as Katie Holmes and Victoria Beckham — has not escaped the notice of some big auction houses. They say it's a new and growing category that is attracting a global clientele of sellers and buyers.

"For the last five years there's been an incredible growth and interest from the average consumer in that type of piece," said Matt Rubinger, director of luxury accessories at Heritage Auctions.

Dallas-based Heritage has embraced the market wholeheartedly since its first dedicated handbag auction in December 2010.



Katie Holmes sports a Hermes handbag as she and Tom Cruise pose for photographers in Madrid shortly after announcing their engagement
BERNAT ARMANGUE / THE ASSOCIATED PRESS

At its holiday sale a year later, a red crocodile skin Hermes Birkin bag set a world auction record when it sold for $203,150. A blue crocodile version at the same auction sold for $113,525, and a shiny red crocodile Birkin fetched $95,600. All three shattered the previous record of $82,100 for a black crocodile Birkin sold at Christie's London in 2009 — two years after Christies sold two dozen Hermes Kelly bags and other designer handbags and accessories. That 2007 sale convinced Christie's to get in this game, and there is a London auction planned by Christie's for November with 70 bags by Hermes coupled with vintage couture of early 20th century designs by Chanel, Louis Vuitton and Lanvin.

This past January, Heritage expanded to include weekly online sales that start at $1 and have no reserve and estimates. Generally, pieces sell from $500 to $2,500.

There is the occasional bargain, though: Recently, a rare Louis Vuitton top-handle bag in navy-blue Lucite realized $325 during a Heritage weekly sale, and a vintage Carlos Falchi clutch sold for as little as $69.

"It's often the more modern versions, the brightest colours and rare leathers that sell for the highest prices," said Christie's fashion specialist Clare Borthwick.

THE ASSOCIATED PRESS

Clutch that piece close!

Weird and wonderful

- The waiting list for a new Hermes bag can be considerable, leading many people to discover auctions as a viable alternative, added Carole Gordon, head of Bonhams' jewelry department, which combines its fashion accessory categories under one umbrella.
- Auctions are also often home to "unusual and one of a kind pieces," she said. It's also a place where styles no longer available in the retail market can be discovered.

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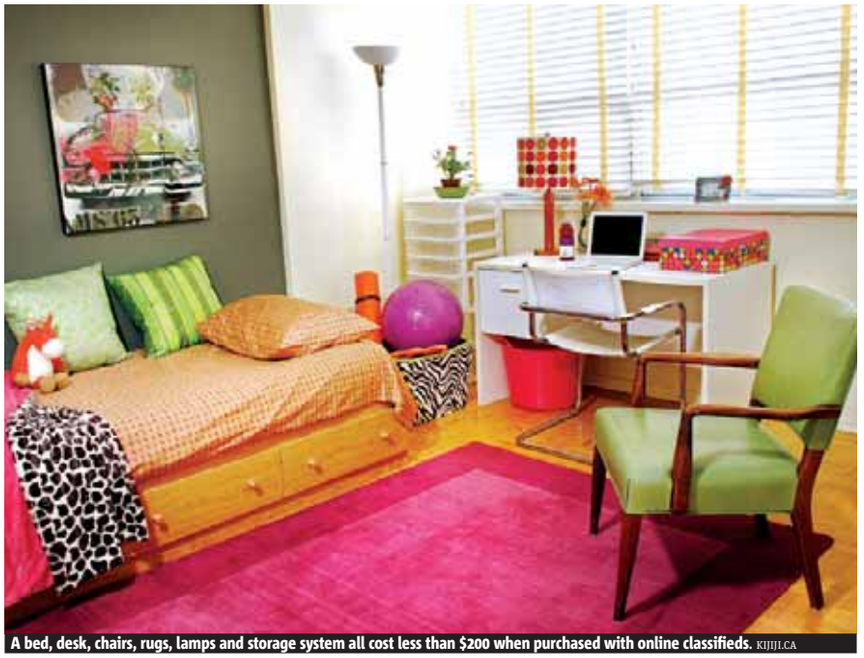
Create a unique space from shopping the online classifieds



A bed, desk, chairs, rugs, lamps and storage system all cost less than $200 when purchased with online classifieds. KIJIJI.CA

Design centre. Heading back to college? Find new and gently used items online to fit your student budget

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Finding the perfect space to call home is one of the many stresses of heading back to college.

Thankfully, there are more resources than ever to help you find great deals and build a place to make your own.

Using online classifieds like kijiji.ca makes it easy to find new and gently used items to make the space feel like home.

By applying common sense and some simple design tricks you can create a unique space on a student budget:

Find the perfect piece
Unique finds start with unique keywords so searching online classifieds using words like "vintage" almost always does the trick. Furniture from the '50s to the '70s is on trend right now and vintage pieces like tables and chairs are stylish and surprisingly affordable.

Think outside the box with art as well; do something different like hanging a small, patterned rug on your wall (it also acts as a sound barrier).

Practice smart space-saving
Organization is the key to making a small space look amazing.

When searching for shelves and other storage items, don't forget to think vertical. A tall bookcase or some strategically placed hooks make it easy to clear the clutter from your floors.

And, get creative with storage solutions. For example, repurpose old family heirlooms like a great big steamer trunk or vintage luggage.

Customize with colour and shape
Show off your personality with unique décor items in bold colours and shapes.

Tangerines and oranges are everywhere right now. To offset the colourful furniture, stay consistent with your basic colours and keep your walls monochromatic.

Don't forget that if you love the shape of a piece of furniture, you can always change the colour with an inexpensive coat of paint.

Updating is uber-easy
Small changes can have a big impact, especially if you're moving into an old space. Look to add a new pop of colour by simply swapping out accent pillows and small décor items each year.

Still in search of the perfect bed?

You did a segment on the components of a perfect bed, but I can't find the article. Could you please tell me what the components are, and recommend a good bedding store that has all of it and a wide enough selection, so that men don't feel or think that "feminine patterns" are only available? Thanks, Terry.

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Hello Terry,

First, let's start with a wonderful luxurious bed making "recipe". As a Butler this is what we would use for all of our special guests at the house.

Once you try this, you will wonder how you ever slept without it.

As a man, you may wish to consider going with all-white sheets or a masculine colour that matches your bedroom.

White sheets are easier to wash and remove stains, and patterned and colour sheets will fade over time.

Pillows (as per the size of bed and how many you like)

Top Sheet: (Second flat sheet that is used to cover the blanket)

Blanket: (Wool or other)

Flat Sheet: (This is the 1st flat sheet)

Fitted Sheet

Feather Bed: (My all time favourite) or a Wool Rest

Mattress pad protector

Mattress: (regular)

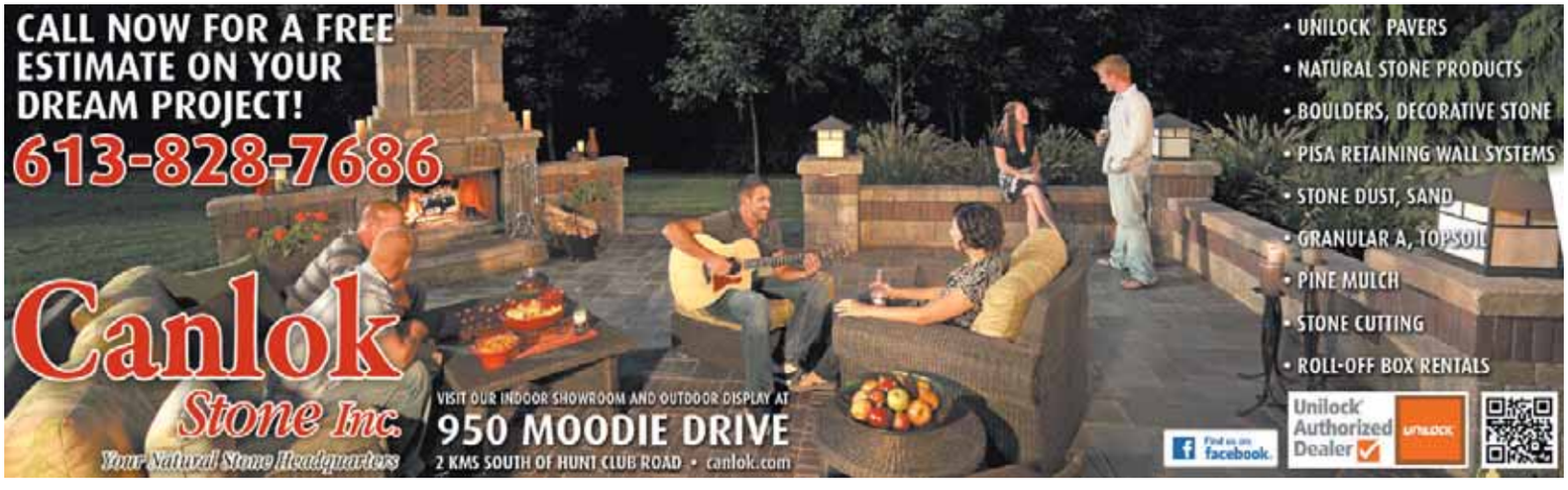
Box Spring

In addition, a good feather down, with a duvet cover made of the same sheet fabric is ideal.

It is difficult to buy all of these items in one place, however these are some great sources that I personally have used, see below.

FEATHER BED: SEARS OR AMAZON WOOLREST: WWW.WOOLREST.CO.NZ SHEETS, PILLOWS AND DUVETS: SEARS, THE BAY, LL BEAN, AU LIT FINE LINEN.

How did I ever sleep without the perfect bed recipe? ISTOCK IMAGES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Time to hit the ground running on your new laminate flooring

DIY ideas. Updating the floors in your home can add instant beauty and an updated look without completing an entire renovation

Save both time and money by installing laminate floors instead of hardwood. ISTOCK IMAGES

Why laminate flooring?
Laminate flooring simulates the look of a hardwood floor and is easier to install and maintain than other flooring surfaces, with a much lower cost.

Being made from plastic, it is designated for light domestic use and may not be as durable as other flooring options.

Before Installation
Both temperature and humidity can affect the laminate flooring planks, so be sure to acclimate them in your home for 48 hours.

Purchase about ten per cent more flooring than the square foot area you are updating since you will waste a little when cutting pieces. Clean the subfloor of the area, removing all dirt and debris. Remove all base moulding and place out of the way.

Vapour Barrier
Lay out the vapour barrier one row at a time from the largest wall of the room.

When joining two sheets of the vapour barrier together, be sure to follow the manufacturer's instructions as they may ask you to overlap the sheets or ensure that they butt against each other.

Installation
Now it's time to start laying the planks of your new laminate floor!

For the best appearance, lay planks parallel to the longest wall in the room. Place half inch spacers against each wall and push the first plank up against them, with the groove toward the wall.

These spacers create an expansion gap so the floor can expand and contract without warping or buckling, and will later be covered by base moulding.

As you lay down each plank, match the tongue and groove and tap into place using a scrap piece of flooring to protect the planks.

Ensure pieces fit snugly and there are no gaps. Stagger the joints of flooring by offsetting new rows 6 – 8 inches so the joints at the end of the planks aren't lined up in a row — this helps for stability and appearance.

The last plank will need to be cut to fit.

Thresholds and Base Moulding
Thresholds are used between the end of the flooring and any open doors.

They come in different styles to accommodate the kind and height of flooring. After installing your desired thresholds, remove the spacers from each wall and install base moulding to cover the expansion gap.

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Missed the spring? You can still catch gardening's second season

Cold-weather crops.
With a bit of planning, your harvest can be extended long into fall

Kale or wild cabbage is shown at the New York Botanical Garden in the Bronx. It's a great fall season plant that provides an attractive addition for filling in vacant spots in the garden. DEAN FOSDICK/THE ASSOCIATED PRESS

A cabbage that ripens well in cool weather is shown at the New York Botanical Gardens. It's one of the second season crops (broccoli, lettuce, kale, spinach, turnips) capable of shrugging off fall frosts. DEAN FOSDICK/THE ASSOCIATED PRESS

Mid to late summer is prime time for gardeners — a last chance to grow a second batch of fresh vegetables before the plant-killing frosts arrive. Add a few protective enclosures, such as cold frames, overhead sheets and hoops, and the harvest can be extended until Thanksgiving and beyond.

"The goal is to have fully grown, ready-to-pick plants that basically store themselves in the garden throughout the fall, so you can pick them as you need them over a long, sustained garden season," said Renee Shepherd, founder of Renee's Garden Seeds in Felton, Calif.

You can plant many of the cool-weather crops from seed if you time it properly, she said. That means choosing fast-maturing varieties that can develop ahead of the average date for the first hard frost.

"Row covers for plant protection can always help extend the season when cold weather comes early, but if you plan and plant at the proper time, your fall harvests still will be abundant," Shepherd said.

Think ahead though, because many neighbourhood nurseries close or have picked-over inventories after the rush for spring supplies has ended.

"Some of the specialty garden centres and nurseries bring in extra plants for the fall, but you may have to purchase from another source and that takes some planning," said David Hillock, an extension consumer horticulturist with Oklahoma State University.

Before planting a second crop, turn the soil and refresh it. Fertilize to restore nutrients lost to the spring varieties. And be sure to water. The ground is hot in August, and new plants must get plenty of water, especially while getting started.

"Anything you can do to help conserve soil moisture should be done," said Rosie Lerner, a consumer horticulturist with Purdue University Cooperative Extension. "Organic mulches cool the soil and decrease the need for moisture, a big plus when starting over in the summertime."

There may be some overlap between spring and fall gardens. "Some beans and tomatoes might remain, perhaps — things that will ripen in cooler weather," Hillock said. "But the typical fall garden crops tend to be more frost-tolerant."

Tender plants that usually stop growing or die after being nipped by frost include celery, eggplant, lima beans, cucumbers and summer squash.

Second-season crops capable of shrugging off several fall frosts — especially if covered by inexpensive plastic "tents" and warmed with light bulbs — include broccoli, cabbage, lettuce, kale, spinach and turnips.

"Here in Oklahoma, we have people harvesting tomatoes well into December if they have them covered," Hillock said.

And don't forget herbs. Thyme is the hardiest, along with sage, parsley and oregano.

There are other advantages to gardening in autumn: "Fewer pests and insects are around," Hillock said. "Temperatures are cooler with the fall rains. Disease isn't as frequent as it is with the springtime plants but you do have to keep an eye out."

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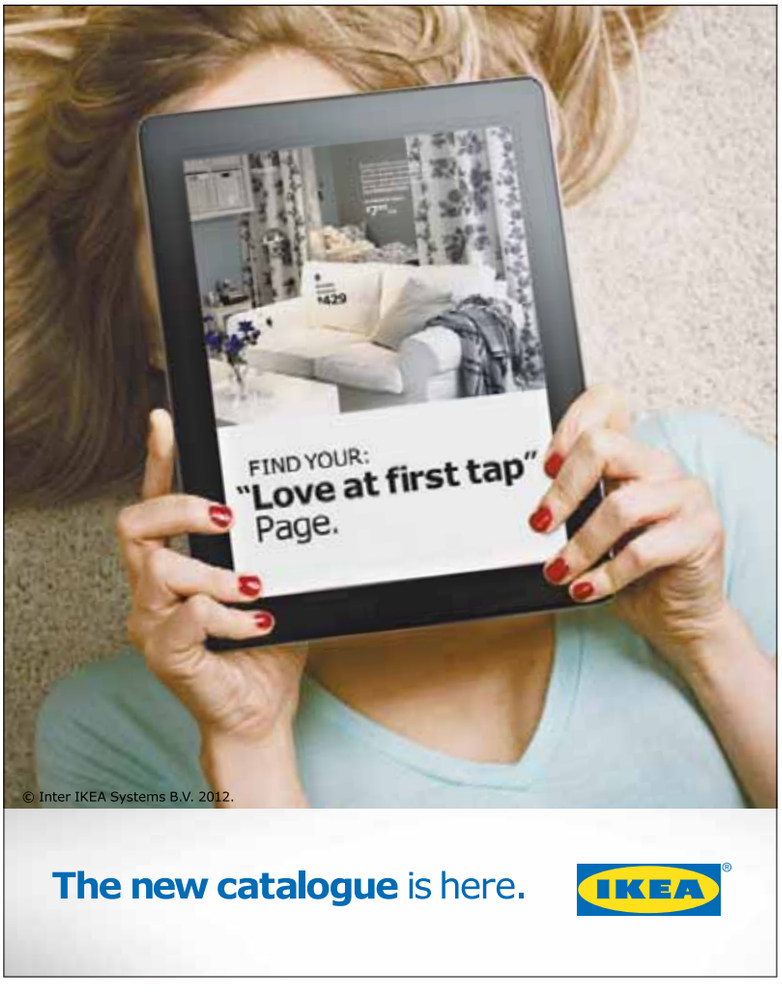

SPECIAL INFORMATION FEATURE

Travelling back in time

25th anniversary. Creemore marks a quarter-century with Old World Altbier

JEFF O'REILLY
For Metro

So how does a brewery that proudly claims to be "100 years behind the times" celebrate its 25th anniversary?

Simply put, it goes even further back in time to collaborate with Old World brewmasters and bring a classic and revered regional German style of beer back to Canada to share with its loyal "Froth-quaffing" fans.

Just in time for this weekend's annual Copper Kettle Festival in the tiny town that lends the brewery its name, Creemore Springs Brewery Limited knew it had to do something special to mark its 25th anniversary. With Premium Lager, a well-established pub classic, Creemore seems content to wait patiently before releasing new beers to mark its big birthdays — urBock (10th), Traditional Pilsner (20th), and Kellerbier (23rd), which completely threw us off with what seemed like a predictably good pattern. But it was such an amazing beer no one was complaining.

And now, to celebrate the quarter-century mark, Creemore decided that this would be the perfect time for its first trans-Atlantic collaboration. A quarter-century is a remarkable feat for a Canadian craft brewer, but in global terms the brewery is still in its infancy.

So last February, brewmaster Gord Fuller and head brewer Bryan Egan embarked on a journey to Düsseldorf, Germany, to study, brew and learn everything they could about brewing a world-class Altbier. It seems that in the 19th century, when lager style beers became all the rage in Deutschland, ale production decreased dramatically. But this region held fast to its ales, which inherited the name "alt" beers, or "old" beers. In studying at one of the region's four oldest Altbier producers, Zum Schlüssel, they added even more heritage to the story as this 162-year-old German brew pub has been a brewery since the 1630s and is owned by the Gatzweiler family, which has brewing roots dating back to 1313.

Sarah toasts Creemore's 25th anniversary with a pint of its new Altbier.
JEFF O'REILLY/FOR METRO

It is kind of ironic that Creemore — a brewery that had only produced lagers — would finally decide to brew an interpretation of this ale. But the special yeast (dating back hundreds of years) Fuller and Egan brought back with them not only ferments at a lower temperature than most ales, it also sits to mature and mellow for several weeks at a temperature near freezing, so this cellaring process is also quite similar to lagering.

Another interesting part of the process that occurred was, of course, technology, where Egan and Fuller decided to document their travels and share them on Facebook and Tumblr (facebook.com/creemoresprings, creemoresprings.tumblr.com).

Egan describes each group's approach to brewing in once such entry.

"The fermenting ritual at Zum Schlüssel is like nothing Gord or I have ever seen or read about at any point in our long and storied careers (34 years combined, mostly Gord because I'm much younger, but not wiser). They brew two brews in one day, let them ferment overnight, then split them the next morning and top both up. It goes against all good reason in my brewing education that they wait one day (approximately 16 hours) to add fresh wort to an already fermenting brew with fresh oxygen, but that's what they do, and without question it works, as far as our taste buds are concerned. We came to Düsseldorf on a quest for the key (schlüssel, by the way, is German for key) to a perfect Alt, and we got a lot more than we bargained for."

With the German brewery owner and head brewer travelling to Creemore for this weekend's birthday celebrations, one can only wonder if plans are brewing for another collaborative effort. Hopefully, we won't have to wait another 25 years.

Creemore Springs Altbier (five per cent alcohol by volume, 473 ml, $2.80 LCBO) pours a deep, copper with firm off-white head into a regular Creemore pint glass. The nose of caramel and bready malts with tastes of chewy toffee before mild, roast flavours and nuttiness end with earthy and slightly bitter hops near the end.

The mouth feels creamy smooth and slightly dry with medium body, subtle carbonation and a subtle lingering finish. Prost!

David Craig with his grandfather's famous chutney.
SAMANTHA EVERTS/FOR METRO

Taste textured flavours of Major Craig's Chutney

Major Craig's Chutney was officially founded three years ago here in Ottawa using local farm produce, but has a 125-year history.

Always given as gifts at Christmastime, David Craig is proud of its achievements of four original recipe chutneys and a line of Heritage Ketchups, including a national award winner.

"The 1884 North India Chutney just won the award for the Canadian Liver Foundation (LIVERight Awards) as the best testing food in Canada," says Craig.

"The original recipe was my great-great grandfather's (in 1884)," he says.

His grandfather had been promoted to major while working for the East Indian Trading Company as a highly regarded supply officer in India. The tastes of the chutney reflect this refined and experienced palate. Dates, figs, apricots, sherry and spices blend wonderfully.

"It's a really great textured level of flavours. It's a great classic flavour."

The major's adventures inspired them to expand the line, including an unfortunate incident for a goat with a rather large python caught on their South Asian property. Though local tribesmen caught the snake, it would have "enjoyed its meal more with the Jerk Chutney."

They plan on carving out a bright spot in Ottawa's specialty food scene. Great for a charcuterie platter at home, surprise your guests with A Date with Cranberry atop some brie or the Winter Butternut and Beer with wings.

Major Craig's Chutney are proudly the first microprocessor that Savour Ottawa certified.

"We keep 60 per cent of the produce within 100 miles … when we get seasonally challenged we keep it within Ontario."

Major Craig's Chutney is sold widely at local specialty food stores across Ontario.

Restaurants like Fraser Café and Red Apron regularly use Major Craig's.

SAMANTHA EVERTS

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The new cheese on the block

CURD ON THE STREET
Vanessa Simmons
For Metro

This week, I'm thrilled to introduce Ontario's new "cheese on the block," debuting in Ottawa at Jacobson's Gourmet Concepts — Five Brothers from Gunn's Hill Artisan Cheese in Woodstock, Ont.

Passion is a common theme among cheese makers and Shep Ysselstein, who I first met at The Great Canadian Cheese Festival, is no exception. He just named their three Swiss-style cheeses, a process that took a year, which I equate to picking names for children. I love his philosophy that the names "need to feel right." You know it's going to be good cheese when so much patience, thought and effort goes into choosing the name!

Five Brothers, named for Shep's siblings, is a pressed, cooked, washed-rind, farmstead cow's milk cheese. An amber-coloured, weathered-looking exterior covers these robust wheels featuring a pale, straw open interior paste with unique, subtle texture and smooth richness.

Five Brothers from Gunn's Hill Artisan Cheese. ANESSA SIMMONS/FOR METRO

Flavours hint of Gouda (buttery) and Appenzeller (fruity) sweetness, ending up almost cheddar-like (lactic) without the sharpness or characteristic tang.

A very tasty addition to round out your end-of-summer entertaining cheese board.

Dining out. It's OK to Play with your food here

SAMANTHA EVERTS
For Metro

Just like playtime, there are no rules at Play.

The menu is small-plates based, so you can share and sample a wide range of Steven Beckta's second, more laid-back restaurant. It is suggested for a full meal to order three sharing plates to be full. The interior was chic with a cool atmosphere — perfect for a date.

Interestingly, each plate is paired with a wine recommendation, ranging from the Niagara Peninsula to New Zealand whites.

A side salad of shaved fennel with a deliciously licorice-like intensity in the citrus vinaigrette was heightened with the addition of raspberries, making it a complex bite.

The shrimp was generous in size, sustainable and grilled in a light glaze served atop a cool bed of spicy quinoa that boasted almonds and Moroccan spices.

The hand-rolled gnocchi were soft pillows of potato dumplings served in a rich, cream sauce with fresh garlic scapes that really added to the flavour level when eaten together. The only complaint was there weren't enough to scoop up the yummy sauce.

The roasted asparagus with radish shavings at Play. SAMANTHA EVERTS/FOR METRO

The spicy pork sausage was juicy and had heat. Alongside it was a cool twist on southern cuisine with collard greens and warm chunks of sweet cornbread.

Lastly, we ended with the strawberry trifle with "pepper mousse," consisting of rich, mascarpone cream and valley strawberries with a ridiculously flakey, crisp graham cracker that had us scraping the bowl. The service was excellent.

If you are up for a little play, you can try two dishes for $20 for lunch.

Play is located at 1 York St. For more, see playfood.ca.

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Pizza without those delivery costs

Tomato-Salad Topped Grilled Pizza

This recipe serves four. THE CANADIAN PRESS

Melissa d'Arabian is a home economist for a new era. Actually, she's more of a chief financial officer.

That's because the Food Network host is as adept at balancing ledger sheets as she is at getting dinner on the table.

It's a handy skill that comes with being a trained financial strategist, and turned out to be an unlikely backbone for her culinary career.

Her basic message to thrifty home cooks? Stretch your food dollars by treating your kitchen in terms of profit and loss. "As the manager of a household you're actually running a fairly complicated business," she says. "There are simple lessons we can take from the business world and apply to our homes."

Forecasting

Successful businesses project what their upcoming costs and revenues will be. A "rapid review" of a month's worth of grocery receipts will give the home cook an idea of what's being spent, d'Arabian says.

Once you have that number, figure out how much you'd like to save per month then do some quick menu planning.

"Glance around and see what needs to be used up," she says. Then buy only what you need to fill out the meals already lurking in your pantry."

Marketing

You have to promote dinner to your kids? "You don't have to, but you'll be a lot more success if you do," d'Arabian says.

In the d'Arabian household, a different child "presents" the meal each night, explaining each dish in detail — what's in it, where it's from, how it's made. "The act of presenting the food takes the mystery out of it for picky eaters," she says.

Here is d'Arabian's recipe for a pizza you make on the grill.

Ingredients

Start to finish: 45 minutes

- 1 tbsp olive oil, plus extra for dough
- 1-lb bag pizza dough
- 1 large very ripe tomato, cored and chopped
- 1 tbsp balsamic vinegar
- 1 tsp lemon juice
- 1/4 tsp kosher salt
- 6 fresh basil leaves, torn
- 4 oz fresh mozzarella cheese, thinly sliced and quartered
- 2 cups arugula or other baby greens

1. Rub a bit of olive oil onto cutting board, place pizza dough on it, turning to coat lightly on all sides with oil. Cover with a kitchen towel and let rest for 30 minutes.

2. After dough has rested, heat one side of grill to medium-high and other side to medium-low. In bowl, combine tomato, balsamic vinegar, lemon juice, salt, basil and 1 tablespoon of olive oil. Toss well, then set aside.

3. Using rolling pin, roll out dough into circle about 14 inches across. Use cutting board to carry dough out to grill. Place the dough on hot side of the grill and grill until bottom is browned and has grill marks, about 1 to 2 minutes. Use spatula to flip dough and move it to the cooler side of the grill.

4. Top pizza with mozzarella, then cover grill and cook until the cheese is melted, about 2 minutes. Use spatula to transfer the pizza back to cutting board. Cut pizza into slices, then top evenly with the arugula. Using a slotted spoon, top the pizza with the tomatoes. THE CANADIAN PRESS/ RECIPE FROM D'ARABIAN'S TEN DOLLAR DINNERS, CLARKSON POTTER, 2012

Cookbook of the Week

Kitchen dollars and sense

Melissa d'Arabian, host of Food Network's Ten Dollar Dinners, makes good on the $10 promise of dinner for four in her debut cookbook.

Ten Dollar Dinners has 140 recipes, more than 100 practical money-saving tips and ways to get ingredients to last longer.

Her Potato-Bacon Torte shows how inexpensive supermarket ingredients can be turned into a satisfying dish. Her Roasted Vegetable Tian is a great way to take advantage of deals in the produce aisle. The Four-Step Chicken Piccata offers a plan for getting food on the table in just minutes, using almost anything in the pantry. METRO

Curried Peas with Cream. Give meat a flavour kick

Frozen peas are a fantastic freezer staple. You can elevate them quickly to a higher level with a little curry and cream. This combination adds a sophisticated kick to a variety of main courses from grilled meats, poultry and fish to roasted Sunday dinners.

1. In a small saucepan, bring 125 ml (1/2 cup) water to a boil. Add peas and simmer for 2 minutes. Strain and set aside.

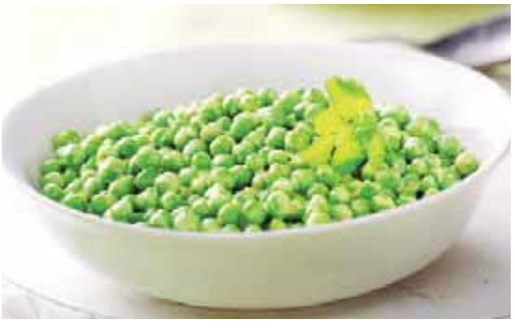
2. Just before you are ready to eat, heat butter in the same saucepan over medium heat. Add garlic and ginger and sauté for 30 seconds. Add curry paste and cook, stirring, for 30 seconds or until fragrant. Add cream and simmer, stirring, for 2 to 3 minutes or until paste is incorporated and cream thickens slightly.

3. Return peas to the pan and season with salt and pepper. Stir to coat and serve immediately.

THE CANADIAN PRESS/ DAIRY FAMERS OF CANADA (ANYDAYMAGIC.CA)

Ingredients

- 500 ml (2 cups) frozen peas
- 2 ml (1/2 tsp) butter
- 5 ml (1 tsp) minced garlic and ginger root
- 10 ml (2 tsp) curry paste
- 125 ml (1/2 cup) 35 per cent whipping cream
- 0.5 ml (1/8 tsp) salt & pepper



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Negotiations go dark on a sunny day in Toronto

NHL. Labour talks put on hold as league, players decide 'how to move the process forward in the best way possible'

NHL collective bargaining talks were cancelled Wednesday after top executives from the league and players' union held an impromptu morning meeting to discuss the status of the negotiations.

NHL commissioner Gary Bettman and deputy commissioner Bill Daly spent about two hours with players' association executive director Donald Fehr and his brother Steve Fehr, the union's No. 2 man.

"I think more than anything else it was to review where we are in the process, where we've come from, where we are with the various proposals and to determine how to move the process forward in the best way possible — hoping and understanding that both sides are committed to using the time left to making a deal as quickly as possible," Daly told The Canadian Press in an interview.

The clock is ticking. The current collective agreement is set to expire Sept. 15 when the NHL says it will lock out the players if a new deal hasn't been reached.

Formal talks between the two sides were slated to resume at 1 p.m. Wednesday but were instead postponed until Thursday morning.

NHLPA executive director Donald Fehr said he didn't "know what's going to happen for sure (on Thursday)."

"You get up in the morning and you try and work that day to see if you can make progress," he added. "If you don't find an agreement that way you do it again the next day and you keep doing it until you find a way."

There is a significant gap between the two sides' proposals.

The union put forth an offer last week that includes a smaller percentage of revenues for players over the next three seasons in exchange for an expanded revenue sharing program to help struggling teams. The NHLPA estimated that players would be giving up $465 million US in salaries if the league continued on its pace of seven per cent growth each season.

The league's proposal called for a 24 per cent decrease in player salaries — accomplished by lowering the union's share of revenue — while introducing new contract restrictions, including a five-year cap on contracts. THE CANADIAN PRESS

NHL commissioner Gary Bettman, left, and deputy commissioner Bill Daly leave NHLPA offices on Wednesday in Toronto. CHRIS YOUNG/THE CANADIAN PRESS

Further issues

Beyond the monetary issue at the heart of talks, each side has prioritized a secondary cause.

- The NHLPA has made it clear that it would like to see an increase in revenue sharing and proposed the creation of an industry growth fund that would see $100 million contributed each year for struggling teams.
- The NHL is largely happy with the current economic system, but has made no secret of the fact it would like to see the end to heavily front-loaded, long-term contacts.

MLB

A's Colon latest to be banned for testosterone

Former Cy Young Award winner Bartolo Colon of the Oakland Athletics was suspended for 50 games Wednesday after testing positive for testosterone.

Major League Baseball made the announcement one week after all-star game MVP Melky Cabrera of the San Francisco Giants was suspended 50 games for a positive test for the same substance. THE ASSOCIATED PRESS

Bartolo Colon
GETTY IMAGES FILE

NFL

"You bank on his maturity and experience to get him through a situation like this."

Philadelphia coach Andy Reid, who said Wednesday that Michael Vick will be ready for the Eagles' season opener. The star QB Vick probably won't play the rest of the pre-season with injured ribs.

Transaction complete

BCE, Rogers are now officially new owners of MLSE

The sale of Maple Leaf Sports and Entertainment and its sports television channels to two of Canada's biggest media companies, BCE and Rogers Communications is final.

The closure of the $1.07-billion deal Wednesday comes after the sale received the final regulatory green light last week from the CRTC.

Competitors Rogers and Bell will jointly own a 75 per cent stake in MLSE, which owns the Toronto Maple Leafs, the Toronto Raptors and Toronto FC. It also owns Leafs TV, Gol TV and NBA TV Canada, as well as two services that have not yet launched. THE CANADIAN PRESS

4 SPORTS

Mobile sports

Rory McIlroy says he reveres and respects Tiger Woods' amazing list of accomplishments. But the PGA champion would still "love Tiger to go out first and kick his (behind)" when they pair up at The Barclays this week to kick off the PGA Tour playoffs. Scan the code for the story.

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	72	51	.585	—
Tampa Bay	69	55	.556	3½
Baltimore	67	56	.545	5
Boston	59	64	.480	13
Toronto	**56**	**66**	**.459**	**15½**

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	67	55	.549	—
Detroit	65	57	.533	2
Kansas City	55	68	.447	12½
Cleveland	54	70	.435	14
Minnesota	51	72	.415	16½

WEST DIVISION

	W	L	Pct	GB
Texas	71	51	.582	—
Oakland	67	56	.545	4½
Los Angeles	63	60	.512	8½
Seattle	61	64	.488	11½

Wednesday's results
Tampa Bay 5 Kansas City 3
Oakland 5 Minnesota 1
Seattle 3 Cleveland 1
Toronto at Detroit
L.A. Angels at Boston
Baltimore at Texas
N.Y. Yankees at Chicago White Sox
Tuesday's results
Detroit 5 **Toronto 3**
L.A. Angels 5 Boston 3
Chicago White Sox 7 N.Y. Yankees 3
Seattle 5 Cleveland 1
Baltimore 5 Texas 3
Oakland 4 Minnesota 1
Kansas City 1 Tampa Bay 0 (10 inn.)
Thursday's games
All times Eastern
Toronto (Happ 2-1) at Detroit (Verlander 12-7), 1:05 p.m.
L.A. Angels (C.Wilson 9-9) at Boston (F.Morales 3-4), 7:10 p.m.
Oakland (T.Ross 2-8) at Tampa Bay (Cobb 7-8), 7:10 p.m.
Minnesota (Diamond 10-5) at Texas (Oswalt 4-2), 8:05 p.m.
Friday's games
L.A. Angels at Detroit, 7:05 p.m.
N.Y. Yankees at Cleveland, 7:05 p.m.
Toronto at Baltimore, 7:05 p.m.
Kansas City at Boston, 7:10 p.m.
Oakland at Tampa Bay, 7:10 p.m.
Minnesota at Texas, 8:05 p.m.
Seattle at Chicago White Sox, 8:10 p.m.

AL LEADERS

	G	AB	R	H	Avg.
Trout LAA	100	404	97	139	.344
MiCabrera Det	122	479	82	157	.328
Jeter NYY	121	518	77	168	.324
Mauer Minn	113	421	67	134	.318
Revere Minn	85	358	48	113	.316
Konerko ChiW	106	397	52	125	.315
AJackson Det	100	396	77	124	.313
Fielder Det	122	442	66	137	.310
Butler KC	121	455	52	139	.305
AdGonzalez Bos	121	473	63	144	.304

Runs — Trout, LA, 97; Kinsler, Tex, 83; MiCabrera, Det, 82; Granderson, NY, 81; Hamilton, Tex, 78.
RBI — MiCabrera, Det, 105; Hamilton, Tex, 102; Willingham, Min, 91; Fielder, Det, 88; Pujols, LA, 86.
Hits — Jeter, NY, 168; MiCabrera, Det, 157; AdGonzalez, Bos, 144; Cano, NY, 143; AdJones, Bal, 143; AGordon, KC, 142; Andrus, Tex, 141.
Home Runs — ADunn, Chi, 36; Hamilton, Tex, 34; **Encarnacion, Tor, 32;** Granderson, NY, 32.
Stolen Bases — Trout, LA, 39; **RDavis, Tor, 38.**
Wednesday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	77	46	.626	—
Atlanta	70	53	.569	7
New York	57	66	.463	20
Philadelphia	57	66	.463	20
Miami	57	68	.456	21

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	75	49	.605	—
St. Louis	66	56	.541	8
Pittsburgh	67	57	.540	8
Milwaukee	57	66	.463	17½
Chicago	47	76	.382	27½
Houston	39	84	.317	35½

WEST DIVISION

	W	L	Pct	GB
San Francisco	68	55	.553	—
Los Angeles	67	57	.540	1½
Arizona	63	61	.508	5½
San Diego	56	70	.444	13½
Colorado	48	73	.397	19

Wednesday's results
San Diego 4 Pittsburgh 2
Milwaukee 3 Chicago Cubs 2
Arizona 3- Miami 2- (DH)
Atlanta at Washington
Cincinnati at Philadelphia
Colorado at N.Y. Mets
Houston at St. Louis
San Francisco at L.A. Dodgers
Tuesday's results
San Francisco 4 L.A. Dodgers 1
Colorado 6 N.Y. Mets 2
San Diego 7 Pittsburgh 5 (10 inn.)
St. Louis 7 Houston 0
Miami 6 Arizona 5 (10 inn.)
Cincinnati 5 Philadelphia 4
Washington 4 Atlanta 1
Milwaukee 5 Chicago Cubs 2
Thursday's games
All times Eastern
Colorado (Chatwood 3-3) at N.Y. Mets (McHugh 0-0), 1:10 p.m.
Houston (Keuchel 1-5) at St. Louis (Westbrook 12-9), 1:45 p.m.
Cincinnati (Cueto 16-6) at Philadelphia (Hamels 14-6), 7:05 p.m.
Atlanta (Hanson 12-5) at San Francisco (Zito 9-8), 10:15 p.m.
Friday's games
Colorado at Chicago Cubs, 2:20 p.m.
Milwaukee at Pittsburgh, 7:05 p.m.
Washington at Philadelphia, 7:05 p.m.
Houston at N.Y. Mets, 7:10 p.m.
St. Louis at Cincinnati, 7:10 p.m.
San Diego at Arizona, 9:40 p.m.
Miami at L.A. Dodgers, 10:10 p.m.
Atlanta at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
McCutchen Pgh	119	451	86	158	.350
MeCabrera SF	113	459	84	159	.346
Posey SF	112	398	56	130	.327
YMolina StL	104	389	47	125	.321
CGonzalez Col	108	428	78	137	.320
DWright NYM	119	441	74	141	.320
Fowler Col	113	373	67	114	.306
Braun Mil	114	441	79	134	.304
Altuve Hou	114	456	68	138	.303
Holliday StL	119	459	77	138	.301

Runs — McCutchen, Pit, 86; MeCabrera, SF, 84; Bourn, Atl, 83; Braun, Mil, 79; JUpton, Arz, 79; CGonzalez, Col, 78; Holliday, StL, 77.
RBI — Beltran, StL, 85; Braun, Mil, 83; Holliday, StL, 81; CGonzalez, Col, 79; Kubel, Arz, 79; Posey, SF, 79; Bruce, Cin, 78; Headley, SD, 78; LaRoche, Wash, 78.
Wednesday's games not included

TUESDAY

TIGERS 5, BLUE JAYS 3

Toronto	**AB**	**R**	**H**	**BI**	**BB**	**SO**	**Avg.**
R.Davis lf	4	0	1	0	0	0	.256
Rasmus cf	4	0	0	0	1	1	.237
Encarnacion dh	5	2	2	1	0	2	.291
Cooper 1b	4	1	3	1	0	1	.297
Y.Escobar ss	4	0	1	1	0	0	.246
K.Johnson 2b	3	0	1	0	0	2	.229
Sierra ph	1	0	1	0	0	0	.333
McCoy pr-2b	0	0	0	0	0	0	.208
Vizquel 3b	3	0	0	0	1	1	.210
Mathis c	4	0	1	0	0	0	.220
Gose rf	4	0	0	0	0	3	.192
Totals	**36**	**3**	**10**	**3**	**2**	**10**	
Detroit	**AB**	**R**	**H**	**BI**	**BB**	**SO**	**Avg.**
A.Jackson cf	5	1	3	0	0	0	.313
Infante 2b	4	0	1	2	1	0	.287
Mi.Cabrera 3b	4	0	0	1	0	0	.328
Fielder 1b	2	0	1	0	2	0	.310
Jh.Peralta ss	3	0	0	0	1	0	.259
D.Young dh	3	0	2	1	1	0	.268
Je.Baker rf	2	0	0	0	1	0	.167
Berry lf	0	0	0	0	0	0	.274
Dirks lf-rf	3	2	1	0	1	0	.332
Laird c	2	2	0	0	2	0	.283
Totals	**28**	**5**	**8**	**4**	**9**	**0**	

Toronto	000	001	020	—3	10 2
Detroit	120	002	00x	—5	8 0

E—Vizquel (3), R.Davis (8). LOB—Tor 9, Det 10. 2B—Cooper 2 (11), Mathis (10), A.Jackson (22), Fielder (24). HR—Encarnacion (32), off Scherzer. RBIs—Encarnacion (83), Cooper (11), Y.Escobar (39), Infante 2 (13), Mi.Cabrera (105), D.Young (50). S—Berry. SF—Mi.Cabrera.

Toronto	**IP**	**H**	**R**	**ER**	**BB**	**SO**	**NP**	**ERA**
R.Romr L, 8-11	5⅓	7	5	5	8	0	101	5.63
Lincoln	⅓	1	0	0	1	0	17	6.17
Loup	1	0	0	0	0	0	8	2.37
Lyon	1	0	0	0	0	0	7	1.38
Detroit	**IP**	**H**	**R**	**ER**	**BB**	**SO**	**NP**	**ERA**
Scherzer W, 13-6	7	5	1	1	2	8	112	4.27
Dotel	⅓	3	2	2	0	1	24	3.32
Coke	0	1	0	0	0	0	3	3.78
Benoit H, 24	⅓	0	0	0	0	0	1	3.31
Valverd S, 24-28	1	1	0	0	0	1	21	3.55

T—2:56. A—39,499 (41,255).

BLUE JAYS STATISTICS

BATTERS	**AB**	**R**	**H**	**HR**	**RBI**	**AVG**
Sierra	45	5	15	2	5	.333
Cooper	138	16	41	4	11	.297
Encarnacion	430	75	125	32	83	.291
Lawrie	397	59	112	9	40	.282
Davis	305	49	78	6	33	.256
Escobar	448	51	110	7	39	.246
Bautista	328	63	80	27	65	.244
Arencibia	281	36	68	16	50	.242
Rasmus	438	56	104	20	66	.237
Johnson	411	52	94	14	46	.229
Lind	198	17	45	8	27	.227
Mathis	159	21	35	7	20	.220
Vizquel	119	11	25	0	3	.210
McCoy	24	4	5	1	6	.208
Gose	78	9	15	0	2	.192
Hechavarria	30	1	5	0	1	.167
PITCHERS	**W**	**L**	**SV**	**IP**	**SO**	**ERA**
Mathis	0	0	0	2.0	0	9.00
Jenkins	0	0	0	8.0	3	1.13
Lyon	1	0	0	13.0	22	1.38
Oliver	2	2	2	44.0	42	1.84
Janssen	1	1	16	47.2	48	2.27
Loup	0	2	0	19.0	12	2.37
Morrow	7	4	0	77.2	67	3.01
Villanueva	6	3	0	87.0	90	3.10
Perez	2	2	0	42.0	39	3.43
Delabar	3	1	0	47.0	63	3.83
Frasor	1	1	0	36.0	45	4.00
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Laffey	3	4	0	67.0	37	4.70
Alvarez	7	11	0	147.0	56	4.84
Happ	2	1	0	23.0	24	5.09
Romero	8	11	0	155.0	104	5.63
Lincoln	0	0	0	11.2	8	6.17
Santos	0	1	2	5.0	4	9.00
Coello	0	1	0	6.1	11	12.79

Wednesday's game not included

TENNIS

ATP

WINSTON-SALEM OPEN

At Winston-Salem, N.C.
Singles — Third Round
Alexandr Dolgopolov (4), Ukraine, def. David Nalbandian (14), Argentina, 6-3, 6-4.
Steve Darcis, Belgium, def. Andy Roddick (5), U.S., 7-6 (6), 7-6 (3).
Sam Querrey (7), U.S., def. Feliciano Lopez (9), Spain, 6-3, 6-4.
Doubles — First Round
David Marrero, Spain, and Andre Sa, Brazil, def. Jonathan Marray, Britain, and Frederik Nielsen (2), Denmark, 6-3, 7-6 (3).
Rohan Bopanna, India, and Mariusz Fyrstenberg (1), Poland, def. Eric Butorac, United States, and Paul Hanley, Australia, 6-4, 6-7 (4), 10-3 tiebreak. Quarterfinals
Santiago Gonzalez, Mexico, and Scott Lipsky, United States, def. Julian Knowle, Austria, and Filip Polasek, Slovakia, 6-1, 3-6, 13-11 tiebreak.

FOOTBALL

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Toronto	7	4	3	0	160	165	8
Montreal	7	4	3	0	202	213	8
Hamilton	7	3	4	0	207	230	6
Winnipeg	7	2	5	0	159	224	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	7	5	2	0	182	124	10
Edmonton	7	4	3	0	164	134	8
Calgary	7	3	4	0	200	196	6
Saskatchewan	7	3	4	0	180	165	6

WEEK 9
Thursday's game
All times Eastern
Hamilton at Montreal, 7:30 p.m.
Friday's game
B.C. at Winnipeg, 8 p.m.
Saturday's game
Calgary at Saskatchewan, 3 p.m.
Monday's game
Edmonton at Toronto, 7:30 p.m.
WEEK 10
Friday, Aug. 31
B.C. at Montreal, 7:30 p.m.
Sunday, Sept. 2
Winnipeg at Saskatchewan, 4 p.m.
Monday, Sept. 3
Toronto at Hamilton, 1 p.m.
Edmonton at Calgary, 4:30 p.m.

NFL PRE-SEASON

Thursday's games
All times Eastern
Green Bay at Cincinnati, 7 p.m.
Jacksonville at Baltimore, 7:30 p.m.
Arizona at Tennessee, 8 p.m.
Friday's games
New England at Tampa Bay, 7:30 p.m.
Philadelphia at Cleveland, 7:30 p.m.
Atlanta at Miami, 7:30 p.m.
San Diego at Minnesota, 8 p.m.
Seattle at Kansas City, 8 p.m.
Chicago at N.Y. Giants, 8 p.m.

WTA

NEW HAVEN OPEN

At New Haven, Connecticut
Singles — Second Round
Caroline Wozniacki (3), Denmark, def. Sofia Arvidsson, Sweden, 7-6 (4), 6-2.
Dominika Cibulkova (6), Slovakia, def. Andrea Petkovic, Germany, 6-4, 6-1.
Lucie Safarova (8), Czech Republic, def. Zheng Jie, China, 6-4, 6-0.
Doubles —Quarter-finals
Liezel Huber and Lisa Raymond (1), U.S., def. Chuang Chia-jung, Taiwan, and Shahar Peer, Israel, 7-6 (5), 6-2.

TEXAS OPEN

At Grapevine, Texas
Singles — Quarter-finals
Jelena Jankovic (2), Serbia, def. Sorana Cirstea (8), Romania, 6-2, 6-1.
Roberta Vinci (3), Italy, def. Chanelle Scheepers (7), South Africa, 7-6 (1), 6-2.
Casey Dellacqua, Australia, def. **Aleksandra Wozniak, Blainville, Que.**, 6-4, 6-4.
Doubles — Quarter-finals
Liga Dekmeijere, Latvia, and Irina Falconi, United States, def. Irina-Camelia Begu, Romania, and Alize Cornet (2), France, 7-6 (4), 1-6, 10-8 tiebreak.
Iveta Benesova and Barbora Zahlavova Strycova (1), Czech Republic, def. **Gabriela Dabrowski, Canada**, and Hsieh Su-wei, Taiwan, 6-4, 6-3.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Kansas City	25	14	7	4	31	22	46
New York	25	13	7	5	43	36	44
Chicago	24	12	7	5	30	26	41
Houston	25	11	6	8	37	29	41
D.C.	23	11	8	4	37	30	37
Montreal	27	11	13	3	39	44	36
Columbus	22	8	8	6	23	24	30
Philadelphia	22	7	12	3	24	28	24
New England	24	6	13	5	27	31	23
Toronto	24	5	14	5	27	43	20

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
San Jose	25	14	6	5	48	32	47
Salt Lake	26	13	10	3	37	32	42
Seattle	24	11	6	7	34	24	40
Los Angeles	26	11	11	4	44	40	37
Vancouver	26	10	9	7	28	33	37
Dallas	27	8	11	8	33	35	32
Chivas	22	7	9	6	15	26	27
Colorado	25	8	15	2	32	36	26
Portland	24	5	13	6	24	42	21

Note: 3 points for a win, 1 for a tie.
Wednesday's results
Chicago at D.C.
Toronto at Columbus
Friday's game
All times Eastern
Salt Lake at Philadelphia, 7:30 p.m.
Saturday's games
D.C. at Montreal, 4:30 p.m.
New England at Columbus, 7:30 p.m.
Toronto at Houston, 8:30 p.m.
Colorado at San Jose, 10:30 p.m.
Vancouver at Portland, 10:30 p.m.
Seattle at Chivas, 10:30 p.m.
Sunday's games
Dallas at Los Angeles, 7 p.m.
New York at Kansas City, 9 p.m.

TRANSACTIONS

BASEBALL

MLB

COMMISSIONER'S OFFICE — Suspended Oakland RHP Bartolo Colon 50 games for a violation of the Major League Baseball's Joint Drug Prevention and Treatment Program.

AMERICAN LEAGUE

OAKLAND ATHLETICS — Agreed to terms with C Jason Jaramillo on minor league contract.
TORONTO BLUE JAYS — Placed SS Yunel Escobar on the paternity list. Recalled RHP Chad Beck from Las Vegas (PCL).

NATIONAL LEAGUE

ARIZONA DIAMONDBACKS — Optioned RHP Sam Demel to Reno (PCL). Selected the contract of LHP Tyler Skaggs from Reno. Recalled OF A.J. Pollock from Reno.
COLORADO ROCKIES — Reinstated OF Carlos Gonzalez from the bereavement list. Optioned RHP Guillermo Moscoso to Colorado Springs (PCL). Assigned LHP Dan Merklinger to Colorado Springs.
HOUSTON ASTROS — Selected the contract of RHP Hector Ambriz from Oklahoma City (PCL). Designated RHP Armando Galarraga for assignment.
MIAMI MARLINS — Assigned SS Gil Velazquez outright to New Orleans (PCL). Recalled RHP Jacob Turner from New Orleans.
MILWAUKEE BREWERS — Released LHP Randy Wolf. Recalled INF Jeff Bianchi from Nashville (PCL).
NEW YORK METS — Placed LHP Johan Santana on the 15-day DL, retroactive to Aug. 18.
SAN DIEGO PADRES — Selected the contract of LHP Andrew Werner from Tucson (PCL). Optioned RHP Brad Boxberger to Tucson. Designated OF Jeremy Heredia for assignment.

BASKETBALL

NBA

DALLAS MAVERICKS — Announced the retirement of F Eduardo Najera, who was named coach of Texas (NBADL).

FOOTBALL

NFL

BUFFALO BILLS — Placed CB Cris Hill and S Josh Nesbitt on the waived-injured list.
CAROLINA PANTHERS — Waived C Scott Mruczkowski.
DETROIT LIONS — Waived DT Michael Cosgrove from the reserve/injured list.
MIAMI DOLPHINS — Announced the retirement of G Eric Steinbach.
TENNESSEE TITANS — Waived DT Shaun Smith.

CFL

HEAD OFFICE — Fined Montreal QB Anthony Calvillo and Toronto LB's Brandon Isaac and Marcus Ball undisclosed amounts for their actions during last weekend's games.

HOCKEY

NHL

EDMONTON OILERS — Agreed to terms with F Taylor Hall on a seven-year contract extension.

AHL

SAN ANTONIO RAMPAGE — Signed F David Pacan.

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No holding back from Hall on 7-year pact

Taylor Hall is one of Edmonton's top offensive weapons but has had trouble staying healthy, missing 38 games in his first two NHL seasons.

CHRISTIAN PETERSEN/GETTY IMAGES FILE

NHL. Oilers sign former first overall pick to a $42M extension

Taylor Hall is in for the long haul in Edmonton.

The Oilers signed the young forward to a $42-million US, seven-year contract extension Wednesday and the Calgary native said he had no hesitation about the length of the deal.

"When they said seven years I didn't blink," the 20-year-old Hall said. "I'm comfortable being here for that long. I think by that time ... I hope we're a perennial threat. That's my main goal and my mindset when I signed the deal."

Hall was the Oilers' first overall pick in 2010 and has since become a key fixture on the team's youthful top line alongside fellow first overall pick Ryan Nugent-Hopkins and Jordan Eberle.

"You have to have complete belief in the player and our organization obviously does," said Oilers general manager Steve Tambellini. "He just brings such a complete level to our organization. He grabs the rope and pulls everybody along."

The deal makes Hall the highest paid player on the Oilers in average salary at $6 million per year. Veteran centre Shawn Horcoff, who signed a hefty six-year, $33-million deal in 2009-10, will make $6 million next season but averages a lower cap hit at $5.5 million.

Eberle is also in negotiations for a contract extension and likely looking for similar money to Hall. Eberle made his rookie debut the same year as Hall and is coming off a breakout season.

"We've had some good dialogues throughout this whole thing and I think his should be pretty soon," Hall said of his linemate. "He's along the same path, he wants to be here and so do I."

Tambellini wouldn't reveal where the Oilers are in making deal with Eberle.

"We've had some discussions but I don't have anything to report at this time," he said.

The Oilers have been in rebuilding mode for several years now. Last season they finished 29th in the NHL with a 32-40-10 record. THE CANADIAN PRESS

By the numbers

2

Taylor Hall finished second in Oiler scoring last season with 27 goals and 53 points in 61 games. Jordan Eberle led the team with 34 goals and 76 points in 78 games.

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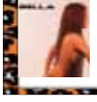

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Horoscopes

♈ Aries
March 21 - April 20
You seem so relaxed at the moment that others may think you no longer care, but that isn't true. Find ways to let loved ones know you are still there for them, even when your head is miles away.

♉ Taurus
April 21 - May 21
As Mars moves into the partnership area of your chart a lot of excitement will be generated in one-to-one situations. It will amuse (and delight) you when you realize so many people want to get close to you.

♊ Gemini
May 22 - June 21
You may find yourself at odds with people you work with today. No matter how much pressure they put on you to back down, you must not give in. You are right and they are wrong. It's just that simple.

♋ Cancer
June 22 - July 23
Don't wait for other people to make the first move. Make it yourself and leave those you live, work and do business with in no doubt that you've got your act together. It's time to get serious about your ambitions.

♌ Leo
July 24 - Aug. 23
As Mars moves into one of the more sensitive areas of your chart today, you will be forced to confront people who have been giving you a hard time. Be direct, but listen to their side of the story as well.

♍ Virgo
Aug. 24 - Sept. 23
After a long period of being held back, you are at last free to pursue what interests you — regardless of what others might think or how much it might cost. Go a little crazy today. You owe it to yourself.

♎ Libra
Sept. 24 - Oct. 23
Don't waste your time on trivial issues. Now that energy planet Mars is leaving your sign, you have to get serious about how to make best use of your resources. They're not unlimited, you know.

♏ Scorpio
Oct. 24 - Nov. 22
Over the next few days, you will find that many more things go well for you, including those things you thought you would never master. Mars in your sign gives you the kick you need to be more active and ambitious.

♐ Sagittarius
Nov. 23 - Dec. 21
You won't be quite so relaxed and easygoing today and tomorrow. Mars in the most sensitive area of your chart means you'll tend to see the negative more than the positive. Maybe, in the short-term, that's no bad thing.

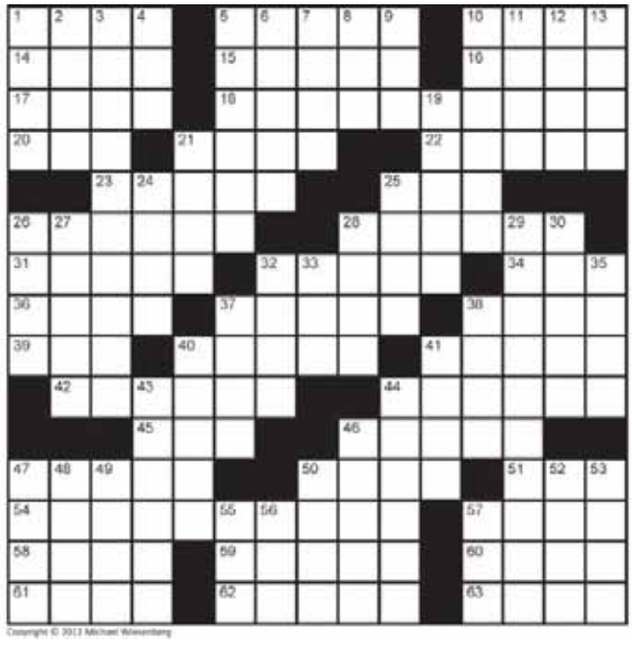
♑ Capricorn
Dec. 22 - Jan. 20
What you do for others today will come back to you in some form in the very near future. Go out of your way to help people in need, and your own needs will be taken care of too.

♒ Aquarius
Jan. 21 - Feb. 19
Mars crosses the career angle of your chart today, firing the ambitious side of your nature. Whatever it is you decide to do, it must be huge. Don't limit yourself to petty triumphs — go for the big one.

♓ Pisces
Feb. 20 - March 20
If you are planning a trip of some kind, you could hardly pick a better time because with Mars on your side you will head straight for your destination and won't allow anything to get in your way. Drive safely . SALLY BROMPTON

Crossword: Canadiana

BY MICHAEL WIESENBERG



Across
1. Best baccarat hand
5. Mark sale items, perhaps
10. Go for a dip
14. "I have ____ good authority" (2 wds,)
15. British noblemen
16. Cantina fare
17. Ontario-born *Scream* star Campbell
18. Ontario, Erie, et al. (2 wds.)
20. Simon and Garfunkel's "I ___ Rock" (2 wds.)
21. Place for a 34-Across
22. Computer warning
23. Italian town in which the *Quantum of Solace* horserace takes place (anagram of ANISE)
25. CBS forensic drama
26. 7-Up nickname
28. Destination in a two-part route (2 wds.)
31. Blackened, as a chimney
32. Reeked
34. Canadiens member, familiarly
36. Blues songstress James
37. Table positions
38. DNA carrier
39. Batter's stat
40. Appears
41. Particular strength
42. Jabbered
44. It's a party in the UK
45. Chips accompaniment
46. Battlefield doctor
47. Days-old
50. Deceptive manoeuvre
51. Drum set
54. They handle our mail (2 wds.)
57. Opera set on the Nile
58. Neural transmitter
59. Actress Zellweger
60. Clairvoyant one
61. Circle
62. Ebenezer Scrooge, for one
63. "Hey, buddy"

Down
1. La ___: El Niño counterpart, an ocean phenomenon that affects weather
2. List part
3. Maritime Province (2 wds)
4. WSW opposite
5. Saskatchewan capital
6. —— living: work for wages (2 wds.)
7. *Enterprise* journey
8. Chicken ___ king (2 wds.)
9. Canada's national levy, for short
10. Former Soviet leader Joseph
11. Arouse from sleep
12. "Happy birthday" writer, perhaps
13. A majority
19. Cornea-reshaping surgery
21. Have faith in, with "on"
24. Tiny amount
25. Bamboozles
26. One with a computer
27. "___ a long shot!": "No way!" (2 wds.)
28. Affectionate taps
29. They form the Alberta-BC border (2 wds.)
30. Central and southern African people
32. Bird food
33. Scotsman's cap
35. Molson's, say
37. Ooze
38. Mongolian desert
40. Schussed
41. Become dim
43. Edmonton-born pop and country singer-songwriter and occasional actress who renders her name in lowercase letters (2 —3? — wds.)
44. PM Pearson
46. Museum: Fr.
47. Wound result, sometimes
48. Cab
49. Before much longer, poetically
50. Hollywood's Howard and Perlman
52. "Beware the ___ of March"
53. Fruit pastry
55. Elbow's locale
56. Maritime Prov.
57. African cobra

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	3				9			
2			7	5		4	6	
7		8					1	
	6	2		9				
				6		2		
				7		3	2	
	4					5		1
	9	1		6	8			7
			4				3	

Yesterday's Sudoku

6	8	9	1	4	2	3	5	7
5	3	2	7	6	8	9	1	4
7	4	1	5	3	9	2	6	8
3	9	4	6	8	5	1	7	2
2	5	7	9	1	3	4	8	6
8	1	6	4	2	7	5	9	3
4	6	8	2	9	1	7	3	5
9	7	3	8	5	4	6	2	1
1	2	5	3	7	6	8	4	9

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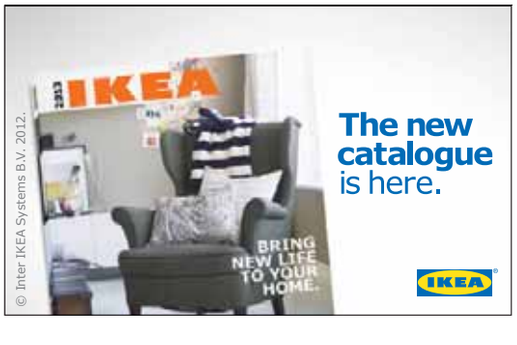

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